CARLETON UNIVERSITY
TRAVEL AND QUARANTINE PROCESS
INFORMATION IS VALID AS OF AUGUST 9, 2021, CONTACT ISSO WITH ANY QUESTIONS

Pre-Arrival Steps

- Book your airfare for travel
- Complete your Pre-Arrival Form to notify the ISSO of your travel plans and intended quarantine location
- Create a document with your quarantine plan, with details on your accommodations, transportation and access to necessities for your entire 14-day quarantine
- Ensure you have the financial means to pay for quarantine expenses
- Ensure you have access to a cellphone that works in Canada

Gather essential travel documents such as:
- Visa or eTA
- Valid Study Permit
- Certificate of Enrolment or Admission Letter
- Proof of financial means (bank statements, GIC, etc)
- Proof of valid medical exams, if required
- English language test results, if they were required for your study permit application
- University Health Insurance Card (UHIP)
- Confirmation email from Pre-Arrival Form

Submit your travel information through the ArriveCAN Mobile App
Within 72 hours of scheduled flight, complete a COVID-19 PCR test and bring documentation of negative test result to the airline prior to boarding flight

After Arrival

- Take COVID-19 test at the airport
- Receive Switch Health At-Home Test Kit from airport
- Complete Daily-Check Ins with Carleton staff via Microsoft Teams
- On day 8 of quarantine, complete Switch Health At-Home test
- Send COVID-19 test results to resnurse@carleton.ca

Travel to your quarantine location and begin your 14-day quarantine
Submit your post-entry information on the ArriveCAN app

Stay in quarantine for the remainder of your 14-day period

You have now completed your quarantine!
Stay Safe!

For more information, contact ISSO
Telephone: +1 (613) 520-6600
Email: isso@carleton.ca
Hours: Monday to Friday, 8:30 am to 4:30 pm
arrivelthewebsite.at
https://carleton.ca/iasso/