

Children's Rights in Canada

Tip Sheet

This tip sheet is part of the Family Life in Canada resource series. The series aims to improve newcomers' understanding of family life in Canada and encourage them to access information, programs, services and resources in their community.

Children's rights are human rights. This means that every child, regardless of gender, age or ability, has rights like any other human being.

What Rights Do Children Have?

- Children have a right to live their lives free from harm, abuse and violence.
- Children have a right to good food, a safe place to live, and clothing. They have a right to go to school, get health care, practice their religion and language, and have time to play.
- Children have a right to be asked about what they think and be part of decisions that are made about them.

Children's Rights at Home and at School

- Talk to your child to hear their views and experiences of their new school, teachers, and friends.
- Understand that your child's life in Canada may be very different from how you grew up.
- Show your child through your words and actions that you respect their rights.
- Talk about the challenges of moving to a new country, making new friends, and learning a new language as a family.
- Children's rights are about relationships. These conversations will help make your family and your child stronger!

For more information on children's rights and how they can strengthen my family and my relationships with my children, I can go to:

