

The Agriculture of the Future

Lecturer: Alberto Suarez Esteban

Schedule of Topics:

1. Week 1 Topic

Industrial agriculture: how food is currently produced and its environmental impacts.

2. Week 2 Topic

Is Industrial agriculture feeding the world? How industrially produced crops are being used, and the consequences for our health.

3. Week 3 Topic

Regenerative agriculture: nature-based methods for ecological food production that goes beyond "organic".

4. Week 4 Topic

Small-scale agriculture: bio-intensive farming - making the most out of the land we have, and leaving some for Nature - the role of technology in food production.

5. Week 5 Topic

A holistic view of agriculture, diet and health - what we can eat, from where, when, and how to achieve a low-impact, healthy diet.

6. Week 6 Topic

Tips to transform your yard/garden into a regenerative heaven that feeds you year-round.