



Carleton
UNIVERSITY

Learning in Retirement



EARLY SPRING 2018

February 26 - April 13

Carleton University's
Centre for Initiatives in Education presents
Learning in Retirement

What is Learning in Retirement?

Learning in Retirement (LinR) is a non-credit education program, providing an enriching academic opportunity for those interested in life-long learning.

Learning in Retirement offers six sessions every year, each four to six weeks in length. Each session features a variety of unique, non-credit lecture series, writing workshops, and language workshops. Evening lecture presentations often complement our regular sessions.

Learning in Retirement's Early Spring 2018 Session will feature ten lecture series and three language workshops. There are no prerequisites or exams. We hope this exciting and diverse selection encourages you to join us!

What participants say about LinR

"The Learning in Retirement program offers a wide range of topics to choose from, covering various interests. I have recommended the program to friends and colleagues, and I look forward to future sessions."

"The language workshop lecturer was excellent - always very well prepared and tuned into the needs of the participants. She had wonderful people skills, a great sense of humour, and could motivate even the most reluctant/shy participants!"

"Learning in Retirement has been a wonderful discovery for me. The wide variety of topics allows me to push the envelope and try new subject areas, with high quality lecturers and interesting classmates."

"Entertaining and educational at the same time. Really enjoyed it and will be back for more."

"The enthusiasm of those responsible for the program adds to the pleasure of participating in the program."

"An excellent venue for retired persons to engage in and learn about diverse topics. Most enjoyable and well structured."

"I have taken a number of classes through Learning in Retirement. This program has opened many new doors for me to areas I did not have time for pre-retirement. Thank you!"

"The program is great and serves an important need in the lives of seniors."

Lecture Series Details

- Ten lecture series offered once a week for two or two and a half hours, over five or six weeks, for a total of 12 hours.
- Classes range in size from 15 to 55 participants.
- Cost:
 - Lecture series fee (HST included):
\$135.00 for each lecture series
 - On-campus parking fee (HST included):
\$30.00 for lecture series #1, #2, and #7 (5 classes)
\$36.00 for lecture series #3 - #6 and #8 - #10 (6 classes)

Language Workshop Details

- Three language workshops offered twice a week for one and a half hours, over six weeks, for a total of 18 hours each.
- Workshops range in size from 8 to 20 participants.
- Cost:
 - Language workshop fee (HST included):
\$250.00 for each language workshop (includes printed materials)
 - Parking fee (HST included):
\$72.00 for each language workshop (12 classes)

Parking Details

For the Early Spring 2018 Session, Learning in Retirement participants can purchase parking passes for **parking lot R6** at Carleton University. This parking lot is close to where on-campus classes are held.

Parking passes can be purchased at the time of registration.

.....

DID YOU KNOW?

Registration in the Learning in Retirement program allows you to borrow materials from Carleton University's MacOdrum Library. To receive a temporary borrowing card, please visit the circulation desk and identify yourself as a participant of the Learning in Retirement program.

.....

Lecture Series

LECTURE SERIES 1

Seven Wonders of the Muslim Civilization

Lecturer: H. Masud Taj

Days: Mondays, February 26th - April 9th (no class April 2nd)

Time: 10:30 a.m. - 12:30 p.m.

Location: Room 124, Leeds House Building

Featuring: the enigmatic Ka'aba, singular Dome of the Rock, urban Suleymaniya, Isfahan's labyrinthine bazaar, the incomplete Sultan Hasan Madrassa, sensuous Alhambra, infinite Cordoba, and the photogenic Taj Mahal. Extant structures from 7th to 16th century in different regions will be introduced, along with concurrent Muslim thinkers, poets, mystics, scientists, and architects. As the enigmatic buildings are laden with inscriptions (given the centrality of Quran and status of calligraphy in Muslim culture), they provide us clues to the monuments' meaning, in our attempt to make sense of the past and the present. This lecture series will conclude by visiting an exemplary local site.

Lectures, visual presentations, film clips, and a field trip

Cost: \$135.00 (HST included)

Enrollment capacity: 40 participants

LECTURE SERIES 2

Buddhism: Living a Buddhist Way

Lecturer: Tan Ngo

Days: Mondays, February 26th - April 9th (no class April 2nd)

Time: 1:30 p.m. - 3:30 p.m.

Location: Room 124, Leeds House Building

After the fall of Saigon in 1975 to North Vietnam, millions of Vietnamese people fled the country to find freedom elsewhere. Buddhism, which has been rooted in Vietnam since the second century, followed its people to the new lands. Buddhist temples are seen everywhere in North America. This lecture series will help you understand Buddhism, its traditions, and sects. Participants will be introduced to a Buddhist psychological system known as The Abhidhamma and will learn how this system plays a role in current healthcare programs, including mindfulness-based intervention programs, which are used to help patients with post-traumatic disorders.

Lectures, discussions, visual presentations, and a field trip

Cost: \$135.00 (HST included)

Enrollment capacity: 55 participants

Lecture Series

LECTURE SERIES 3

Introduction to Hip Hop Culture

Lecturer: Keith McCuaig

Days: Tuesdays, February 27th - April 3rd

Time: 10:30 a.m. - 12:30 p.m.

Location: Room 124, Leeds House Building

Hip hop culture has its origins in the South Bronx, New York City, in the early 1970s. In just over 40 years, this artistic movement has become a global phenomenon, and a commercial force. Hip hop culture comprises several art forms, including music, dance, visual art, and more. The focus of this lecture series will be on musical practices, although other artistic components will also be covered. Moving chronologically through the history of hip hop, we will explore the origins, major figures and subgenres, as well as several issues pertinent to the culture.

Lectures, discussions, visual presentations, and film clips

Cost: \$135.00 (HST included)

Enrollment capacity: 55 participants

LECTURE SERIES 4

Famous Artists of the Italian Renaissance

Lecturer: Adriane Aboud

Days: Tuesdays, February 27th - April 3rd

Time: 1:30 p.m. - 3:30 p.m.

Location: Room 124, Leeds House Building

This lecture series will examine the art of some of the most famous artists of the Italian Renaissance. The lectures will be organized chronologically so participants will come to understand and recognize not only each artist's personal style, but an overall view of the evolution of renaissance styles and subjects. The series will begin with early artists such as Botticelli, move through well-known figures like Michelangelo, and culminate in the works of the mannerists Bronzino and Parmigianino.

Lectures

Cost: \$135.00 (HST included)

Enrollment capacity: 55 participants

Lecture Series

LECTURE SERIES 5

Worlds in Points of Light

Lecturer: Robert Dick

Days: Wednesdays, February 28th - April 4th

Time: 10:30 a.m. - 12:30 p.m.

Location: Room 124, Leeds House Building

Ancient observers had many of the tools needed to understand the essence of our universe, and in many cases they correctly framed this knowledge into a coherent cosmology. This lecture series explores the observations of our solar system. By combining ancient observations with our recent detailed view of other worlds, we will explore astronomy, not just as a modern science, but as a human endeavour that unites cultures from different continents and different eras. By the end of this lecture series, we will appreciate the importance of simple historical observations, and marvel with the insights provided by spacecraft and modern instruments.

Lectures, discussions, and visual presentations

Cost: \$135.00 (HST included)

Enrollment capacity: 55 participants

LECTURE SERIES 6

From Village to Empire: A Brief History of the Roman Empire

Lecturer: Dr. Marcel Jesenský

Days: Wednesdays, February 28th - April 4th

Time: 1:30 p.m. - 3:30 p.m.

Location: Room 124, Leeds House Building

All roads lead to Rome. Rome's long and rich history, from village to empire, continues to fascinate our contemporaries. One small village community in the Italian peninsula eventually became one of the mightiest imperial powers the world has ever known. This series gives a basic introduction to more than a millennium of Roman history and society, unfolding Rome's remarkable evolution through monarchy, republic, and then an empire that, at its height, stretched from Scotland to Iraq and the Nile Valley.

Lectures, discussions, visual presentations, and film clips

Cost: \$135.00 (HST included)

Enrollment capacity: 55 participants

Lecture Series

LECTURE SERIES 7

Israel/Palestine: Can it Ever be Solved?

Lecturer: Dr. Peter Larson

Days: Thursdays, March 8th - April 5th (5 weeks)

Time: 10:00 a.m. - 12:30 p.m. (2.5 hours)

Location: Room 124, Leeds House Building

Over the last 70 years, the conflict between Israel and the Palestinians has cost thousands of lives and imposed misery on many innocent people. To many Canadians, the issue appears unsolvable. It is difficult to have a calm discussion about it, as emotions are high on all sides. This lecture series will examine the Israeli and Palestinian narratives and compare them to the historical record and current reality. We will also look at whether Canada's current policies are likely to help bring about a resolution.

Lectures, visual presentations, and film clips

Cost: \$135.00 (HST included)

Enrollment capacity: 55 participants

LECTURE SERIES 8

Russia after Communism: Great Power or Regime in Decline?

Lecturer: Dr. Andrea Chandler

Days: Thursdays, March 1st - April 5th

Time: 1:30 p.m. - 3:30 p.m.

Location: Room 124, Leeds House Building

Since the collapse of the Soviet Union in 1991, Russia has endured dramatic changes. Experiments with market economic reform and democratization in the 1990s transformed the political arena, but left many citizens facing hardship and insecurity. In 2000, Vladimir Putin became Russia's President, and he has ushered in reforms aimed at strengthening the state and reviving national pride – but his leadership has also been associated with authoritarianism, tense relations with other countries, and economic stagnation. There are also signs of new restiveness in civil society, especially among young people. How can we explain Russia's tumultuous political development?

Lectures, discussions, visual presentations, and film clips

Cost: \$135.00 (HST included)

Enrollment capacity: 55 participants

Lecture Series

LECTURE SERIES 9

Great Ideas of Biology

Lecturer: Dr. Alan Mortimer

Days: Fridays, March 2nd - April 13th (no class March 30th)

Time: 10:30 a.m. - 12:30 p.m.

Location: Room 124, Leeds House Building

Biology is central to our lives. In fact, we are biology. While our understanding of biology has led to great advances in human health, longevity, and quality of life, understanding what is actually going on has become more complex. This lecture series will provide a foundation for understanding biology in the modern world, by looking at overarching ideas that have led us to our current understanding, and application of that understanding, to medical and technical issues. We will examine Great Ideas such as evolution, the cell as the basic unit of life, genes and DNA, infectious diseases, and immunity. We will then use these ideas to examine some of the current issues in modern society, where biology plays a central role. The series is intended both for those with limited technical background and those with more knowledge of the subject.

Lectures, discussions, and visual presentations

Cost: \$135.00 (HST included)

Enrollment capacity: 55 participants

LECTURE SERIES 10

Biological Warfare: Modern Medicine vs. Modern Disease

Lecturer: Dr. Daniel Burnside

Days: Fridays, March 2nd - April 13th (no class March 30th)

Time: 1:30 p.m. - 3:30 p.m.

Location: Room 124, Leeds House Building

Modern medicine is making major strides in its fight against some of the worst deadly and debilitating diseases. In this lecture series, we will learn about the causes, symptoms, and outcomes of several prevalent diseases. More importantly, we will learn about the tools researchers are using to make breakthroughs to fight, and hopefully eradicate, those diseases, while highlighting research happening right here in Ottawa. Muscular dystrophy, cancer, Alzheimer's disease, Zika virus infection, and AIDS will be discussed.

Lectures, discussions, visual presentations, and film clips

Cost: \$135.00 (HST included)

Enrollment capacity: 55 participants

Language Workshops

LANGUAGE WORKSHOP 1

Spanish Conversation for Travellers I

Lecturer: Dr. Ioana Dimitriu

Days: Tuesdays and Thursdays, February 27th - April 5th

Time: 4:00 p.m. - 5:30 p.m. (1.5 hours)

Location: Room 124, Leeds House Building

This introductory Spanish workshop aims at providing participants with the grammatical and lexical elements that are essential for basic communication. Conversation topics will focus on travel and will include asking for directions, talking about the weather and the schedule, expressing food and accommodation preferences, describing places and tourist attractions, shopping for souvenirs, expressing medical concerns, and making an emergency call. Audiovisual materials will include cultural components related to different parts of the Spanish-speaking world. Practical for people who wish to be able to communicate in Spanish while travelling.

Language workshop

Cost: \$250.00 (HST included)

Workshop fee includes specialized printed materials.

Enrollment capacity: 14 participants

Note: There are no prerequisites to take this language workshop.

LANGUAGE WORKSHOP 2

Spanish Conversation for Travellers II

Lecturer: Dr. Ioana Dimitriu

Days: Tuesdays and Thursdays, February 27th - April 5th

Time: 6:00 p.m. - 7:30 p.m. (1.5 hours)

Location: Room 124, Leeds House Building

Develop listening, comprehension, and speaking abilities in Spanish. Participants will practice the use of the present tense of regular and irregular verbs in oral communication. Conversation topics will focus on travel and will include making and responding to invitations, talking about favourite activities and daily routine, shopping for clothing, discussing culinary traditions, booking accommodation, checking in at the airport, and buying tickets for shows. Cultural components about different parts of the Spanish-speaking world will also be presented. This workshop builds on the knowledge acquired in *Spanish Conversation for Travellers I*. However, those who have not taken the first workshop are also welcome, provided that they master very basic communication skills in Spanish.

Language workshop

Cost: \$250.00 (HST included)

Workshop fee includes specialized printed materials.

Enrollment capacity: 14 participants

Note: There are no prerequisites to take this language workshop.

Language Workshops

LANGUAGE WORKSHOP 3

Essential Mandarin Chinese I

Lecturer: Laura Luo

Days: Mondays and Wednesdays, February 26th - April 9th
(no class April 2nd)

Time: 4:00 p.m. - 5:30 p.m. (1.5 hours)

Location: Room 124, Leeds House Building

This language workshop is designed to provide participants with the most fundamental vocabulary and grammar in Chinese. Participants will begin with pinyin, the most common transliteration of Chinese sounds. Participants will also learn daily expressions and how to recognize important signs. In addition, the workshop will introduce participants to basic aspects of Chinese culture.

Language workshop

Cost: \$250.00 (HST included)

Workshop fee includes specialized printed materials.

Enrollment capacity: 20 participants

Note: There are no prerequisites to take this language workshop.

.....

Additional Information

Please visit our website at carleton.ca/linr for lecturer biographies and updated information.

Please note that lecture series with fewer than 15 registered participants, and language workshops with fewer than 8 participants, may be cancelled.

Registration

**Registration begins
Tuesday, January 30th at 9:00 a.m.**

You can register by:

- On-line registration & payment system
(carleton.ca/linr/registration)
- Mail (send in the enclosed registration form)

Registration Form

Title: Dr. Mr. Mrs. Ms.

First Name: _____

Last Name: _____

Address: _____

City: _____ Prov.: _____

Postal Code: _____

Telephone: _____

E-mail: _____

Please send me all future brochures electronically.

Early Spring 2018

Please check (✓) the classes you want to enroll in.

LECTURE SERIES

1. *Seven Wonders of the Muslim Civilization*,
H. Masud Taj
2. *Buddhism: Living a Buddhist Way*, T. Ngo
3. *Introduction to Hip Hop Culture*, K. McCuaig
4. *Famous Artists of the Italian Renaissance*,
A. Aboud
5. *Worlds in Points of Light*, R. Dick
6. *From Village to Empire: A Brief History of the
Roman Empire*, Dr. M. Jesenský
7. *Israel/Palestine: Can it Ever be Solved?*,
Dr. P. Larson
8. *Russia after Communism: Great Power or
Regime in Decline?* Dr. A. Chandler
9. *Great Ideas of Biology*, Dr. A. Mortimer
10. *Biological Warfare: Modern Medicine vs. Modern
Disease*, Dr. D. Burnside

LANGUAGE WORKSHOPS

1. *Spanish Conversation for Travellers I*,
Dr. I. Dimitriu
2. *Spanish Conversation for Travellers II*,
Dr. I. Dimitriu
3. *Essential Mandarin Chinese I*, L. Luo

Series fees (HST included)

\$135.00 for lecture series #1 - #10	
\$250.00 for language workshops #1 - #3	
TOTAL:	\$

Parking fees (HST included)

\$30.00 for lecture series #1, #2, & #7	
\$36.00 for lecture series #3 - #6 & #8 - #10	
\$72.00 for language workshops #1 - #3	
TOTAL:	\$

Final TOTAL:	\$
---------------------	----

Method of payment

<input type="checkbox"/> Cheque made payable to Carleton University
<input type="checkbox"/> Credit card <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard
Total Charge \$
Card Number
Expiry
Signature
How did you hear about this Learning in Retirement session? <input type="checkbox"/> I am a previous participant <input type="checkbox"/> Other: _____

Carleton University | Learning in Retirement
1516 Dunton Tower | 1125 Colonel By Dr.
Ottawa, ON K1S 5B6
Phone: **613-520-3699**
E-mail: **Learning.in.Retirement@carleton.ca**
Website: **carleton.ca/linr**