What is Learning in Retirement?

Learning in Retirement (LinR) is a non-credit education program, providing an enriching academic opportunity for those interested in life-long learning.

Learning in Retirement offers six sessions every year, each four to six weeks in length. Each session offers a variety of unique, non-credit lecture series, writing workshops, and language workshops. Evening lecture presentations often complement our regular sessions.

Learning in Retirement’s Winter 2018 Session will feature twelve lecture series, two writing workshops, and six language workshops. There are no prerequisites or exams. We hope this exciting and diverse selection encourages you to join us this winter!

What participants say about LinR

“The lectures are interesting and the subject matter is varied. The Learning in Retirement program is so well organized. I’m glad I discovered it.”

“I love it! The program is totally wonderful and is a great way to expand one’s knowledge of subjects, or to learn about a new field, all with the guidance and enthusiasm of experts from a wide variety of fields.”

“This is a gem of a program. My husband is now equally committed and two of my neighbours are signing up as well.”

“I have learned something useful in every Learning in Retirement lecture series I have taken. It has been wonderful to explore topics outside of my field of expertise. These classes have opened the door to many new worlds for me.”

“I was quite impressed with the entire program and would not hesitate to sign-up again or recommend it to others.”

“The program is impressive in the way it is run, in the subjects offered and in the caliber of lecturers. One of the best things I’ve done in retirement.”

“I really like the program and that is why I’ve been attending for the past fifteen years!”
Lecture Series Details
- Twelve lecture series offered once a week for two hours, over six weeks, for a total of 12 hours each.
- Classes range in size from 15 to 55 participants.
- Cost:
  - Lecture series fee (HST included): $135.00 for each lecture series
  - On-campus parking fee (HST included): $36.00 for each lecture series (6 classes)

Writing Workshop Details
- Two writing workshops offered once a week for two and a half hours, over six weeks, for a total of 15 hours each.
- Workshops range in size from 8 to 12 participants.
- Cost:
  - Writing workshop fee (HST included): $195.00 for each writing workshop
  - On-campus parking fee (HST included): $36.00 for each writing workshop (6 classes)

Language Workshop Details
- Six language workshops offered twice a week for one and a half hours, over six weeks, for a total of 18 hours each.
- Workshops range in size from 8 to 20 participants.
- Cost:
  - Language workshop fee (HST included): $250.00 for each language workshop (includes printed materials)
  - Parking fee (HST included): $72.00 for each language workshop (12 classes)

Parking Details
For Winter 2018, Learning in Retirement participants can purchase parking passes at the time of registration for parking lot R6 at Carleton University. This parking lot is close to where on-campus classes are held.

DID YOU KNOW?
Registration in the Learning in Retirement program allows you to borrow materials from Carleton University’s MacOdrum Library. To receive a temporary borrowing card, please visit the circulation desk and identify yourself as a participant of the Learning in Retirement program.
LEcTure SereiS 1

How Outstanding Architects Live (& Die)

Lecturer: H. Masud Taj
Days: Mondays, January 8th - February 12th
Time: 10:30 a.m. - 12:30 p.m.
Location: Room 124, Leeds House Building

For lovers of biographies: illustrated lectures on thirteen NEW architects from Canada, USA, Europe, the Middle East, and India. Combining ‘academic insight, artistic creativity, and unique personal anecdote’, the talks with wit and verve, seek not to dispel our existential loneliness, but make it more user-friendly. A life lived with irrepressible creativity may just about suffice to ensure that we face our finitude with fortitude. Architects that come alive: Buckminster Fuller, Ron Thom, and Arthur Erickson; Wren and Brunel; Soane and Pugin; Hasan Fathy and Samuel Mockbee; Utzon and Aalto; and Charles Correa and Zaha Hadid.

Lectures, discussions, visual presentations, and film clips
Cost: $135.00 (HST included)
Enrollment capacity: 40 participants

LEcTure SereiS 2

London’s Art Scene: The Bloomsbury Group

Lecturer: Dr. Marieke Kalkhove
Days: Mondays, January 8th - February 12th
Time: 1:30 p.m. - 3:30 p.m.
Location: Room 124, Leeds House Building

At the beginning of the twentieth century, a group of intellectuals started to gather in the London neighborhood of Bloomsbury. The core members included fiction writers Virginia Woolf and E.M. Forster, post-impressionist painters Vanessa Bell and Duncan Grant, art critics Clive Bell and Roger Fry, and biographer Lytton Strachey. Liberal and progressive, they encouraged the creation of art, were generally opposed to militarism, and formed intimate friendships. Examine the art and writings of Bloomsbury’s core members and analyze the works of artists associated with Bloomsbury, such as Katherine Mansfield’s short stories and T.S. Eliot’s poetry. Possible topics of discussion include the suffragette movement, the influence of psychoanalysis, and the aesthetic principles of modernism. For the lecture series schedule and reading list, please visit the lecturer’s website: http://bloomsbury.weebly.com.

Lectures, discussions, visual presentations, and film clips
Cost: $135.00 (HST included)
Enrollment capacity: 55 participants
LECTURE SERIES 3

The Finer Points of Listening to Music

Lecturer: Keith McCuaig
Days: Tuesdays, January 9th - February 13th
Time: 10:30 a.m. - 12:30 p.m.
Location: Room 124, Leeds House Building

This lecture series will increase your enjoyment of music through a greater understanding of what you are hearing. Learn about a variety of musical forms and how to identify individual instruments through sound. Explore the use of production techniques and effects, and further develop your ears through in-depth guided listening sessions. A wide variety of popular genres will be covered, including rock, pop, blues, country, R&B, reggae, and more. Our analyses will not be overly technical, and you don’t need to have a musical background; all you need is a love of music.

Lectures, discussions, visual presentations, and film clips
Cost: $135.00 (HST included)
Enrollment capacity: 55 participants

LECTURE SERIES 4

Serenissima Repubblica:
The Art of Renaissance Venice

Lecturer: Adriane Aboud
Days: Tuesdays, January 9th - February 13th
Time: 1:30 p.m. - 3:30 p.m.
Location: Room 124, Leeds House Building

This lecture series will examine the unique artistic atmosphere of Venice during the Italian Renaissance. Rather than focusing on artistic development, this series will illustrate how the distinctive historical and political environment of Venice affected the art of the time. The first few sessions will examine particular aspects of Venetian society through art, culminating in two lectures, which analyze the visual program of the Great Council Hall in the Doge’s Palace. This lecture series will show not just what made the art unique, but how Venetians used art to promote the glory of “the most serene republic”.

Lectures and visual presentations
Cost: $135.00 (HST included)
Enrollment capacity: 55 participants
LECTURE SERIES 5
Art Appreciation: Canadian Art (Daytime)

Lecturer: Angela Marcus
Days: Tuesdays, January 9th - February 13th
Time: 10:30 a.m. - 12:30 p.m.
Location: National Gallery of Canada (NAG)

The panorama of art presented in the expanded and updated Canadian Galleries at the National Gallery of Canada is the field of exploration for this series. We will begin with New France and follow the progress of Canada and its art through influences, practices, and artists to our current period. Portraiture, landscape, Group of Seven, Emily Carr, Lawren Harris, the Canadian Group of Painters, the Beaver Hall Group, The Woodland School, the Automatistes, and Painters Eleven are some of the classical genres and periods. Inuit Art and the development of First Nations practices represent added dynamism that enhances the varied story of Canadian art history.

Lectures and discussions

Cost: $135.00 (HST included)

National Gallery entrance fee not included.

Enrollment capacity: 20 participants

Note: Please meet at the front entrance of the NAG.

LECTURE SERIES 6
Introduction to Neurological Disease

Lecturer: Ashley Thompson
Days: Wednesdays, January 10th - February 14th
Time: 10:30 a.m. - 12:30 p.m.
Location: Room 124, Leeds House Building

This lecture series will provide an introduction to the nervous system, and will address introductory neuroscience topics such as brain organization, communication within the brain, and functional regions of the brain. The lecture series will culminate into a discussion of three of the most prevalent neurological diseases in today’s society: Stroke, Alzheimer’s disease, and Parkinson’s disease. Clinical symptoms of these diseases will be addressed, including biological, developmental, experiential, and environmental factors that contribute. We will further explore current and prospective treatments for these diseases in our discussion.

Lectures, discussions, visual presentations, and film clips

Cost: $135.00 (HST included)

Enrollment capacity: 55 participants
LECTURE SERIES 7

The Heart of Europe: A History of Central Europe

Lecturer: Dr. Marcel Jesenský
Days: Wednesdays, January 10\textsuperscript{th} - February 14\textsuperscript{th}
Time: 1:30 p.m. - 3:30 p.m.
Location: Room 124, Leeds House Building

Europe is a continent of extraordinary variety and diversity – geographically, ethnically, nationally, economically, and politically. Modern-day Poland, Hungary, the Czech Republic, and Slovakia lie at the very centre of Europe and sometimes think of themselves as its very heart. Over the course of European history, peoples in Central Europe created their own independent states; they developed their individual national cultures and contributed to the general progress of European civilization. This lecture series explores the history of Central Europe since the ninth century, focusing on its political, cultural, and social aspects.

Lectures, discussions, visual presentations, and film clips
Cost: $135.00 (HST included)
Enrollment capacity: 55 participants

LECTURE SERIES 8

Sensory Worlds: The Neural Basis of Animal Behaviour

Lecturer: Dr. Katie Lucas
Days: Thursdays, January 11\textsuperscript{th} - February 15\textsuperscript{th}
Time: 10:30 a.m. - 12:30 p.m.
Location: Room 124, Leeds House Building

How is an owl able to catch a mouse in darkness? How does a fish use electricity to sense its environment? How does a toad recognize a predator versus prey? What better way to learn about ourselves and gain inspiration and understanding from the natural world, than to look to nature’s sensory experts. This lecture series will explore the neural mechanisms underlying natural animal behaviour. We will focus on classic model systems in the field of neuroethology (i.e. the neural basis of animal behaviour), and look to past and present research to learn about how behaviour is controlled by nerve cells.

Lectures, discussions, and visual presentations
Cost: $135.00 (HST included)
Enrollment capacity: 55 participants
LECTURE SERIES 9
From Longhouse to Lumber to Legislation:
An Anecdotal History of Ottawa

Lecturer: Phil Jenkins
Days: Thursdays, January 11th - February 15th
Time: 1:30 p.m. - 3:30 p.m.
Location: Room 124, Leeds House Building

A series of six lively lectures combining the anecdotal, biographical, administrative, and infrastructural to provide a chronological social history of Ottawa, from the arrival of the First Nations to the region, through the arrival of the Europeans, to the present multi-cultural city. The philosophical approach to the story of Bytown/Ottawa running through the lectures is to see how each arriving group (Algonquin, French, and British) made use of the geographical setting of Ottawa. Each lecture is augmented by the extensive use of illustrations, photographs, and a song or two, all the songs having some aspect of Ottawa history as their theme.

Lectures, discussions, visual presentations, film clips, and a weekly song related to Ottawa history, performed by the lecturer

Cost: $135.00 (HST included)
Enrollment capacity: 55 participants

LECTURE SERIES 10
Art Appreciation: Canadian Art
(Evening)

Lecturer: Angela Marcus
Days: Thursdays, January 11th - February 15th
Time: 5:30 p.m. - 7:30 p.m.
Location: National Gallery of Canada (NAG)

The panorama of art presented in the expanded and updated Canadian Galleries at the National Gallery of Canada is the field of exploration for this series. We will begin with New France and follow the progress of Canada and its art through influences, practices, and artists to our current period. Portraiture, landscape, Group of Seven, Emily Carr, Lawren Harris, the Canadian Group of Painters, the Beaver Hall Group, The Woodland School, the Automatistes, and Painters Eleven are some of the classical genres and periods. Inuit Art and the development of First Nations practices represent added dynamism that enhances the varied story of Canadian art history.

Lectures and discussions

Cost: $135.00 (HST included)
NAG entrance is free Thursdays after 5:00 p.m.
Enrollment capacity: 20 participants
Note: Please meet at the front entrance of the NAG.
LECTURE SERIES 11

How Nutrition Changes the Aging Brain

Lecturer: Dr. Nafisa Jadavji
Days: Fridays, January 12th - February 16th
Time: 10:30 a.m. - 12:30 p.m.
Location: Room 124, Leeds House Building

This lecture series will examine the role of vitamins and nutrients on neurological function during aging. An introduction to basic neurology and nutrition will be covered in the first two lectures. There will be a specific focus on neurology and how vitamins and nutrients affect normal aging and neurodegenerative disease processes in the brain. Topics covered throughout the series will include how nutrient and vitamin deficiencies affect Alzheimer's disease, mild cognitive impairment, vascular cognitive impairment, stroke, multiple sclerosis, Parkinson's disease, as well as the impact of vitamin supplementation on brain function.

Lectures, discussions, visual presentations, and film clips

Cost: $135.00 (HST included)
Enrollment capacity: 55 participants

LECTURE SERIES 12

A Brief History of Jazz: Duke, Dizzy, Miles, Monk, Mingus, and More

Lecturer: Adrian Cho
Days: Fridays, January 12th - February 16th
Time: 1:30 p.m. - 3:30 p.m.
Location: Room 124, Leeds House Building

This highly popular and acclaimed lecture series will demystify jazz by helping participants understand how jazz originated and evolved and how it was performed over the years. This will give participants the opportunity to appreciate jazz in its many forms. Key figures in the history of jazz, including Miles Davis, Duke Ellington, Charles Mingus, Gil Evans, Benny Goodman, and many others, will be covered. The lecturer will analyze jazz recordings with the class and provide live demonstrations with other professional jazz musicians.

Lectures, discussions, and film clips

Cost: $135.00 (HST included)
Enrollment capacity: 55 participants
Remembering Through Reading: Stories From My Life

Lecturer: Dr. Anna Rumin

Days: Tuesdays, January 9th - February 13th
Time: 10:00 a.m. - 12:30 p.m. (2.5 hours)
Location: Room 270, Residence Commons Building

We all have a story to tell. Often we think of a life story or memoir as a chronology of events. However, knowing where to begin can become so overwhelming that we put off writing the story at all. Re-collect, record, and share the stories from your life through the lens of reading. What books, songs, magazines, or journals played an important role in your life? How might writing about what we read give us a glimpse into who we were and who we have become? Bring your own writing instruments, where you will experiment with writing strategies using prompts, share your writing with others, and begin your collection of life-stories.

Workshop

Cost: $195.00 (HST included)
Enrollment capacity: 12 participants
Note: It is not recommended that participants register in more than one writing workshop per session.

My Life as a Museum: A Springboard for Memoir

Lecturer: Dr. Anna Rumin

Days: Tuesdays, January 9th - February 13th
Time: 1:30 p.m. - 4:00 p.m. (2.5 hours)
Location: Room 270, Residence Commons Building

We all have a story to tell and very often the things that surround us – the telephone bills, photographs, old books, forgotten stamp collections, old cutlery, recipes – can be the seeds for memoir writing. Curate your life stories using the stuff/things/artifacts that surround you. This workshop will equip you with a safe space in which to begin writing these stories, and weekly prompts will encourage you to continue writing on your own between classes. Participants are encouraged to read They Left Us Everything by Plum Johnson before the beginning of this workshop.

Workshop

Cost: $195.00 (HST included)
Enrollment capacity: 12 participants
Note: It is not recommended that participants register in more than one writing workshop per session.
LANGUAGE WORKSHOP 1
Spanish Conversation for Travellers I - Section I

Lecturer: Ioana Dimitriu
Days: Tuesdays and Thursdays, January 9th - February 20th (no class Thursday, January 25th)
Time: 9:30 a.m. - 11:00 a.m. (1.5 hours)
Location: Room 274, Residence Commons

This introductory Spanish language workshop aims at providing participants with grammatical and lexical elements that are essential for basic communication. Conversation topics will focus on travel and will include asking and giving directions, talking about food, accommodation, tourist attractions, shopping, and medical emergencies. Audio-visual materials include cultural components related to different parts of the Spanish-speaking world.

Workshop
Cost: $250.00 (HST included)
Workshop fee includes specialized printed materials.
Enrollment capacity: 14 participants
Note: There are no prerequisites to take this language workshop.

LANGUAGE WORKSHOP 2
Spanish Conversation for Travellers I - Section II

Lecturer: Ioana Dimitriu
Days: Tuesdays and Thursdays, January 9th - February 20th (no class Thursday, January 25th)
Time: 11:15 a.m. - 12:45 p.m. (1.5 hours)
Location: Room 274, Residence Commons

This introductory Spanish language workshop aims at providing participants with grammatical and lexical elements that are essential for basic communication. Conversation topics will focus on travel and will include asking and giving directions, talking about food, accommodation, tourist attractions, shopping, and medical emergencies. Audio-visual materials include cultural components related to different parts of the Spanish-speaking world.

Workshop
Cost: $250.00 (HST included)
Workshop fee includes specialized printed materials.
Enrollment capacity: 14 participants
Note: There are no prerequisites to take this language workshop.
LANGUAGE WORKSHOP 3

Spanish Conversation for Travellers I - Section III

Lecturer: Ioana Dimitriu

Days: Wednesdays and Fridays, January 10th - February 23rd (no class Friday, January 19th and Wednesday, February 21st)

Time: 9:30 a.m. - 11:00 a.m. (1.5 hours)

Location: Room 274, Residence Commons Building

This introductory Spanish language workshop aims at providing participants with grammatical and lexical elements that are essential for basic communication. Conversation topics will focus on travel and will include asking and giving directions, talking about food, accommodation, tourist attractions, shopping, and medical emergencies. Audio-visual materials include cultural components related to different parts of the Spanish-speaking world.

Workshop

Cost: $250.00 (HST included)
Workshop fee includes specialized printed materials.

Enrollment capacity: 14 participants

Note: There are no prerequisites to take this language workshop.

LANGUAGE WORKSHOP 4

Spanish Conversation for Travellers II

Lecturer: Ioana Dimitriu

Days: Tuesdays and Thursdays, January 9th - February 20th (no class Thursday, January 25th)

Time: 1:00 p.m. - 2:30 p.m. (1.5 hours)

Location: Room 274, Residence Commons

This language workshop is intended as a refresher for students who have already acquired basic knowledge of Spanish. The main conversation topics will focus on travelling. A variety of short texts and audio-visual materials will be used to familiarize participants with the diverse socioeconomic and cultural realities of the Spanish-speaking world. Practical for people who wish to travel or for those who have travelled to Spanish-speaking countries and would like to share their experiences, while improving their oral Spanish. This series builds on the knowledge acquired in Spanish Conversation for Travellers I, yet, students who have not taken the first series are welcome, provided that they have mastered basic communication skills in Spanish.

Workshop

Cost: $250.00 (HST included)
Workshop fee includes specialized printed materials.

Enrollment capacity: 14 participants

Note: There are no prerequisites to take this language workshop.
LANGUAGE WORKSHOP 5

Basic Conversational French

Lecturer: Claire Owen
Days: Wednesdays and Fridays, January 10th - February 23rd (no class Friday, January 19th and Wednesday, February 21st)
Time: 11:30 a.m. - 1:00 p.m. (1.5 hours)
Location: Room 274, Residence Commons Building

Taught in French for beginners and those who may have had some previous exposure to the language but who have difficulty using it in everyday communication. Emphasis is on oral expression and comprehension; limited secondary focus on reading and writing. Learning is supported by a variety of audio-visual methods, including dialogue repetition, images, video clips, song lyrics, worksheets, etc. Activities include oral practice in pairs/groups, travel scenarios, cultural activities, and grammar exercises.

Workshop
Cost: $250.00 (HST included)
Workshop fee includes specialized printed materials.
Enrollment capacity: 20 participants
Note: There are no prerequisites to take this language workshop.

LANGUAGE WORKSHOP 6

Introduction to American Sign Language

Lecturer: Josée-Anna Tanner
Days: Wednesdays and Fridays, January 10th - February 23rd (no class Friday, January 19th and Wednesday, February 21st)
Time: 2:00 p.m. - 3:30 p.m. (1.5 hours)
Location: Room 274, Residence Commons Building

This language series will be “hands-on” and will introduce participants to basic communication skills of American Sign Language. The series will begin with learning the manual alphabet, and then expand into common verbs and signs that will allow people to communicate about immediate needs and daily activities. Examples of units covered will include family, time, routines, and basic ASL grammar and sentence structure. Participants will also learn how to incorporate their existing gestures into ASL communication and discover a bit about d/Deaf culture and d/Deaf history. This is a language series for anyone interested in breaking the sound barrier.

Workshop
Cost: $250.00 (HST included)
Workshop fee includes specialized printed materials.
Enrollment capacity: 20 participants
Note: There are no prerequisites to take this language workshop.
**Additional Information**

Please visit our website at [carleton.ca/linr](http://carleton.ca/linr) for lecturer biographies and updated information.

Please note that lecture series with fewer than 15 registered participants, and writing or language workshops with fewer than 8 participants, may be cancelled.

**Withdrawal Policy**

Withdrawal anytime before the beginning of the second class:

- 100% credit placed on your Learning in Retirement account (no expiry date)

Withdrawal after two or more classes:

- No credit

We are unable to provide credit for workbooks and supply fees.

There are NO REFUNDS.

For a detailed listing of all policies, please visit our website at [carleton.ca/linr](http://carleton.ca/linr) or call us at 613-520-3699.

**Contact Us**

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Phone: 613-520-3699
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If you would like to be added to our electronic mailing list and receive notifications of upcoming sessions and special events, please e-mail or call us.

**Registration**

Registration begins
Tuesday, November 21st at 9:00 a.m.

You can register by:

- On-line registration & payment system ([carleton.ca/linr/registration](http://carleton.ca/linr/registration))
- Mail (send in the enclosed registration form)
Registration Form

Title:  □ Dr.  □ Mr.  □ Mrs.  □ Ms.

First Name: ____________________________________________

Last Name: ____________________________________________

Address: _____________________________________________

City: ___________________________  Prov.: _______________

Postal Code: ___________________________

Telephone: ___________________________

E-mail: ___________________________

☐ Please send me all future brochures electronically.

Winter 2018

Please check (√) the classes you want to enroll in.

LECTURE SERIES

1. ☐ How Outstanding Architects Live (& Die), H. Masud Taj
2. ☐ London’s Art Scene: Bloomsbury Group, Dr. Kalkhove
3. ☐ The Finer Points of Listening to Music, K. McCuaig
4. ☐ Serenissima Repubblica: Art of Ren. Venice, A. Aboud
5. ☐ Art Appreciation: Canadian Art (Daytime), A. Marcus
6. ☐ Introduction to Neurological Disease, A. Thompson
7. ☐ Heart of Europe: Hist. of Central Europe, Dr. Jesenský
8. ☐ Sen. Worlds: Neural Basis of Animal Behav..., Dr. Lucas
9. ☐ Longhouse... Legislation: History of Ottawa, P. Jenkins
10. ☐ Art Appreciation: Canadian Art (Evening), A. Marcus
11. ☐ How Nutrition Changes the Aging Brain, Dr. Jadavji
12. ☐ A Brief History of Jazz: Duke, Dizzy, Miles..., A. Cho

WRITING WORKSHOPS

1. ☐ Rem. Through Reading: Stories From My Life, Dr. Rumin
2. ☐ My Life as a Museum: A Spring... for Memoir, Dr. Rumin

LANGUAGE WORKSHOPS

1. ☐ Spanish Conversation for Travellers I - Section I, I. Dimitriu
2. ☐ Spanish Conversation for Travellers I - Section II, I. Dimitriu
3. ☐ Spanish Conversation for Travellers I - Section III, I. Dimitriu
4. ☐ Spanish Conversation for Travellers II, I. Dimitriu
5. ☐ Basic Conversational French, C. Owen
6. ☐ Introduction to American Sign Language, J. Tanner
**Series fees (HST included)**

- $135.00 for lecture series #1 - #12
- $195.00 for writing workshops #1 & #2
- $250.00 for language workshops #1 - #6

**TOTAL:** $

**Parking fees (HST included)**

- $36.00 for lecture series #1 - #12
- $36.00 for writing workshops #1 & #2
- $72.00 for language workshops #1 - #6

**TOTAL:** $

**Final TOTAL:** $

**Method of payment**

- Cheque made payable to Carleton University
- Credit card
  - Visa
  - MasterCard

**Total Charge** $

**Card Number**

**Expiry**

**Signature**

- Please send me a map of the Carleton campus with the classrooms, parking, and bus stops indicated.

**How did you hear about this Learning in Retirement session?**

- I am a previous participant
- Other: 

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Carleton University | Learning in Retirement  
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