ITINERARI ITALIANI: VOYAGE INTO SARDINIA'S CULTURAL HERITAGE AND NATURAL TREASURES

OUTLINE AND Schedule of topics

Week 1  Con Salgari alla pesca dei tonni

Class 1. January 8 2019
Introduction: What do you know about Sardinia?
Reading abstracts from La pesca dei tonni by Emilio Salgari
Virtual tour del Museo della Tonnara di Stintino
A recipe: troffie alla carlofortina

Class 2. January 10 2019
The city of Alghero
A recipe: lobster alla catalana
The Isle of Asinara: from jail to national park
Endemic species: the white donkeys

Week 2 Con Marcello Fois in piazza Satta a Nuoro….. passando per New York

Class 3. January 15 2019
Listening of a podcast of the radio program Rai Meraviglie by the writer Marcello Fois:
Piazza Satta a Nuoro
Costantino Nivola from Orani to New York

Class 4. January 17 2019
Museo Nivola in Orani
I disegni del ’68 from Berkeley to Pratobello
How to describe sculptures/drawings

Week 3 Lungo la costa e…gita al faro

Class 5. January 22 2019
Two special hotels
The map of the beaches and the tour of coastal towers
Making up an itinerary

Class 6. January 24 2019
The Phoenician-Roman ports of Nora and Tharros

Did you know? Your registration in the LinR program allows you to borrow materials from Carleton University’s MacOdrum Library. To receive a temporary borrowing card, visit the circulation desk and identify yourself as a participant of LinR.
Week 4  *Musica all’ombra dei Nuraghi*…..

**Class 7.** January  29 2019
From ancestral ‘*a Tenore*’ singing ..........................

*Launeddas*: Sardinian bagpipes

*A diosa* the song of a lawyer in love that counts dozens of versions
The circle dance: *su ballu tundu*

**Class 8.** January 31 2019

.......................to *Jazz e Blues* Internazional Festivals
Paolo Fresu and his 50..concerts

*Nuraghi* and *countryside churches*

Week 5  *Il pane e altre squisitezze*

**Class 9.** February 5 2019
Active foodies and bread-making classes
*Agriturismo*: from the tree to the table

The simplest of recipes: *pani frattau*

**Class 10.** February 7 2019

*Autunno in Barbagia*: houses open to visitors
D.H. Lawrence *Sea and Sardinia*

Week 6  *The houses of the great*

**Class 11.** February 12 2019
A Nuoro a casa di *Grazia Deledda*

*La cucina di Cosima*: dalle pagine del libro .....
Abstract from *Cosima* of G. Deledda The house of Grazia Deledda in Nuoro

**Class 12.** February 14 2019
A Ghilarza a casa di *Antonio Gramsci*

Abstracts from some letters from jail of  A. Gramsci
The Summer school and visitors from afar