Writing the Stories of My Life: Remembering Through Space and Time

Dr. Anna Rumin
Mondays, April 9th - May 28th (no class May 14th & 21st)
10:00 a.m. - 12:30 p.m. (2.5 hours)
Room 270, Residence Commons Building

We all have a story to tell. However, knowing where to begin can become so overwhelming that we put off writing the story at all. This is an invitation to re-collect, record and share the stories from your life through space and time. What spaces and places have played an important role in your life? What are your memorable journeys – big and small? How does “exploration” give us a glimpse into who we were and who we have become? What are our “a-ha!” moments that best illustrate a particular story, at a particular time and in a particular place? Please bring your own writing instruments to a safe environment where you will experiment with writing strategies using prompts, share your writing with others, and begin your collection of life-stories.

Week 1: Cities, Streets, Shops, Cafes, I have Known

Week 2: Time Travel

Week 3: People I have known in fleeting encounters

Week 4: Bodies of water, forests, mountains, flowers and animals I have known

Week 5: Lessons Learned

Week 6: Tying the threads together