

## Week 6 Follow UP

Hi [Name of mentee],

As promised, I will continue reaching out weekly so that we can leave the door open should you want to meet again throughout the duration of the FYC program.

This week we focus on reflecting and moving on from the FYC program

Some reflection questions to think about as the program comes to a close are:

- What went well this term?
- How can I make sure my time at Carleton is well-spent? What do I want to accomplish in my time here?
- Who is my support network that I can turn to if I ever need support on campus? Friends, family, professors?
- Do you feel academically prepared moving into exam season? The library is always available with a variety of services on the 4<sup>th</sup> floor that you can utilize if you need more support.

Some fun things going on this week:

- Pickup and wear your spirit shirt or ravens' gear on campus every Friday for some sweet deals!
- BINGO night is happening on Wednesday the 11<sup>th</sup> at 9pm in the Food Court!
- CAB is showing "Detroit" in Minto 2000 at 9:00pm on the 13<sup>th</sup>!
- Did you pick up your Ride for Less ticket yet? They are available at CUSA and SEO for \$30 each way for your reading week trip to the GTA.

Don't forget to fill out the program evaluation form which will be sent out by the Mentorship Coordinator next week!

Thanks for being a part of FYC!