00:00 – Heather intro

00:20 – Fall/winter projects; rare exception of summer 4907 or 4908

01:52 – NEUR 4905 Workshop

06:55 – NEUR 4906 Indigenous Community Wellness (Group Project)

14:26 – NEUR 4907 Essay

19:36 – Supervisor search info re: 4907 and 4908

24:39 – NEUR 4908 Research Thesis

36:20 – Key Takeaways