03:52 – Start

06:15 – General overview & BIOL projects for students in Combined Honours

08:12 – Description of four NEUR project options, application info, GPA requirements

12:00 – Accessing project info via Brightspace Neuro Undergrad Hub

16:28 – NEUR 4905 Honours Workshop (and a little bit about identifying grad school admission requirements)

27:18 – NEUR 4906 Translational Approach to Indigenous Community Wellness (Group Project)

30:54 – NEUR 4907 Honours Essay

33:40 – NEUR 4908 Research Thesis, animal vs human research, being in a lab, what to consider if you want to get into research

40:30 – Strategies to manage 4th year course load while doing a NEUR 4908

44:48 – Identifying types of research you’re interested in pursuing & email template to reach out to potential supervisors

48:46 – Faculty, adjunct faculty, affiliated faculty, external researcher profiles/websites

52:15 – Importance of communication & networking, communication strategies with unresponsive researchers, marketing yourself

1:00:40 – NEUR 4906, 4907, 4908: when to reach out to potential supervisors

1:05:20 – Final ramblings