PMC 101

Sonia Tanguay, Senior Disabilities Coordinator



What is the Paul Menton Centre?

The Paul Menton Centre, or PMC, is the department on campus that coordinates the delivery of accommodation services to students with disabilities, in partnership with academic staff and other campus departments.





What does PMC help with?

Academic Accommodations and Services

Learning and Wellness
Support

Other Disability-Related Matters



Academic Accommodations

Academic accommodations are supports and services provided to help students access the curriculum and validly demonstrate learning.

They are intended to level the playing field without compromising academic standards or essential requirements in a course or program.

NOT modifications to fundamental skills or knowledge (essential requirements) NOT intended to guarantee success for the student

NOT intended to make it "easier" compared to classmates



Registering with the PMC

You only need to do this once!

You will be assigned a Coordinator

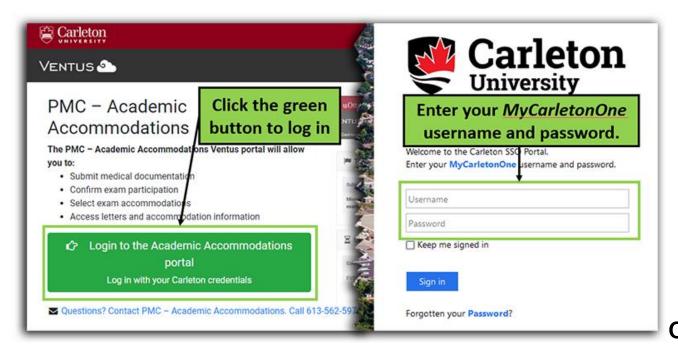
 This is your "go-to" person for accommodations and your disability-related learning needs/concerns.

Provide documentation of your disability

- Documentation forms are available on our website.
- You can reach out to our front desk if you have any questions! 613-520-6608 or pmc@carleton.ca



Ventus: Academic Accommodations Portal





In Your Intake with Your PMC Coordinator

Your Coordinator will review your documentation

Together, you will:

Discuss the impact of your disability at school

Create your accommodations template in Ventus

Review the course requirements for your current courses (with information from your course outlines re: tests/exams)

Determine appropriate accommodations and supports for this term (considering both disability-related need and essential course requirements)

Carleton

Academic Accommodations and Services

Academic Accommodations

- Test/exam accommodations
 - Online and in-person
 - e.g. Extra time, quiet location
- Classroom accommodations
 - e.g. audio record lectures

Services

- Volunteer supplemental notetaking service
- Referrals to transcription services
- ASL interpreting
- Captioning of multimedia materials
- Assistive technology training
- Tutoring support



Requesting Accommodations

You set up your accommodations with your Coordinator in your first term. In subsequent terms, if your template accommodations are meeting your needs, you may request your accommodations online through Ventus.

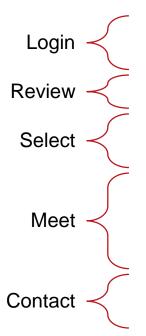
Each accommodation listed on your template will be either "self-serve" (pre-approved) or not.

Self-serve accommodations will be applied to your course as soon as you request them.

Your Coordinator will follow-up with you if you request accommodations that are not self-serve.



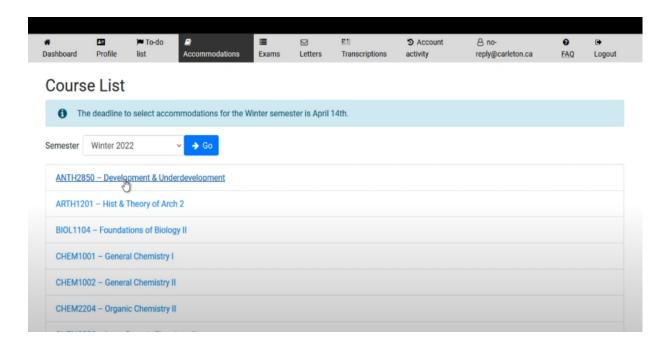
5 Easy Steps for Requesting Accommodations



- Login to Ventus Student Portal using your MC1 credentials.
- Review evaluation requirements for each course.
- Select from your template ONLY the accommodations that are actually needed for each course.
- Meet with each professor or lab instructor to discuss applicability and implementation of accommodations. You are not required to disclose the nature of your disability.
- Contact your PMC Coordinator if there are any issues with your accommodations at any time.



Ventus: Accommodations Tab





5 Easy Steps to Managing Your Test and Exam Accommodations

STEP 1:

 Verify your accommodations are accurate when you receive an exam notice from Ventus.

STEP 2:

14 days before each test/exam

 Make changes to accommodations or opt-out from test and exam accommodations.

STEP 3:

3 days before each test/exam

 Verify your exam and accommodation details in the Ventus Student Portal. You will receive a confirmation email with your exam accommodation information.

5 Easy Steps to Managing Your Test and Exam Accommodations

STEP 4:

Report any discrepancies in accommodations to your PMC Coordinator.

STEP 5:

 Attend your test or exam on the scheduled date. Make sure to arrive 15 minutes early.



After Requesting Accommodations

Reach out to your professors, lab instructors and/or TAs to:

- Introduce yourself,
- Confirm that they can see you on their class list for accommodations,
- · Discuss any questions or concerns you have about the course, and
- Discuss the implementation of your accommodations (such as extra time for online exams, booking the McIntyre Exam Centre for in-person exams, or classroom accommodations).

You are not required to disclose the nature of your disability.



Roles & Responsibilities

Your Coordinator will:

- Create your accommodations template in Ventus
- Approve your accommodations for each course, if necessary

Your professor will:

- View your classroom and exam accommodations in Ventus
- Submit a Notice of Examination (NoE) for each quiz, test, midterm, and exam

The McIntyre Exam Centre will:

- Make arrangements for accommodations (when professor requests it)
- Post your exam accommodation details in Ventus (3 days prior to exam)



McIntyre Exam Centre

- The McIntyre Exam Centre (MEC)
 managed by Scheduling and
 Examination Services is designed to
 provide services to both students and
 instructors at Carleton in order to meet a
 variety of accommodation needs during
 scheduled tests and exams.
- They have two main exam sites:
 Nideyinan Room 133 and Dunton Tower
 Rooms 701 704
- Exams at MEC: Student FAQ





McIntyre Exam Centre







Volunteer Notetaking Services – Four Easy Steps

Select supplemental notes under the accommodations tab

Under the courses/notes tab verify if volunteer notetakers have been assigned or recruitment is in progress.

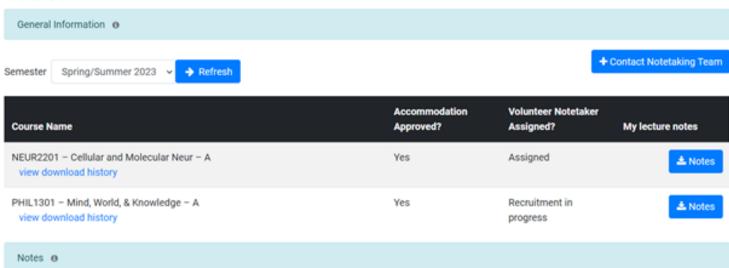
Download notes under the my lecture notes column.

Contact the notetaking team if you have questions or if supplemental notes are incomplete.



We are currently testing the "Notetaking" feature. Please note that this section is not ready for use in Ventus, and if you receive notes, please access them as usual from MyPMC.

Courses





Learning and Wellness Support

Learning and wellness strategies

 One-on-one appointments and online modules to learn strategies to maximize effectiveness and efficiency

Assistive technology

 Explore various technologies and learn how to use them to improve academic performance

Psychoeducation and support groups

 ADHD, Anxiety, Procrastination, Grad Student Support/Writing, and Learning Strategies Workshop Series



Learning and Wellness Support cont.

Wellness counselling

 Supportive counselling for stress management, anxiety, managing symptoms of mental health

Mentorship

 Peer mentors offer support during the transition to university and throughout your academic career

Employability

 Support, resources, and opportunity for skills development specifically for students with disabilities



Other Disability-related Matters

Referrals

- New Sun Joy Maclaren Adaptive Technology Centre
- ACT
- Transcription services

Financial

- Navigating funding applications for equipment and/or services
- Disability-related scholarships/bursaries

Equivalent to full-time status

- Assistance with opting-in to medical benefits, and opting-in or opting-out of the UPass
- Residence

Liaise with Other Departments

- Promote accessibility
- Mediate
- Exam services



Opportunities to Get Involved at PMC!

Volunteer

- Notetaking
- Captioning
- Events
- Peer mentoring

Paid & For Credit

- Tutoring
- Scribing
- Computer notetaking
- Work study
- ACT to Employ
- Practicum placements
- Internships

Support, Social & Study

- ADHD Group
- Anxiety Group
- Procrastination Group
- Learning Strategies
 Series
- Grad Student Support/Writing Group



Follow-up with Your PMC Coordinator

Stay connected throughout the term

- Advise your PMC Coordinator of any problems with your accommodations right away.
- Monitor your academic progress and mental health during the term and reach out for help.



Stay Up-to-date

Check your Cmail regularly for communication from your professors, TAs, PMC, MEC, and other student services you are using

Your PMC Coordinator will send check-in emails

Live feed on PMC website

PMC's monthly newsletter

Follow us on Instagram – @CarletonPMC



Q&A: PMC 101

