Student Services Presentations



Joanne Rumig, Linnet Whiston, & Kendra Hawley

Library Accessibility Services

Contact: LibraryAccessibility@Cunet.Carleton.ca

Location: 239 MacOdrum Library

Website: Library.carleton.ca/services/library-

accessibility-services



Library Accessibility Services Team

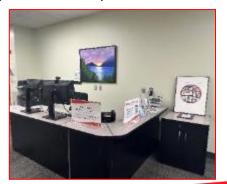
- Joanne Rumig, Head of Access Services
- Carli Agostino, Access Services Librarian
- Kendra Hawley, Access Services Technician, Accessibility and Digitization
- Gwenn Berard Beaupre, Access Services Technician, Accessibility and Digitization
- Matt Fisher, Digitization Assistant



Location

Library Accessibility Services and the New Sun Joy MacLaren Adaptive Technology
 Centre (JMC) are located on Floor 2 (Room 239) in the MacOdrum Library







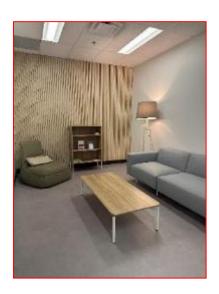
Services

- Alternate formats (PDF remediation) for course readings and research materials*
- Retrievals from print collection
- Mail delivery of items
- Assistance with research help
- Accessible larger study rooms located close to the JMC



Larger Accessible Study Rooms

- 2 accessible study rooms
- Dimmable lighting
- Automated doors
- Accessible furniture
- White boards
- Bookable online for registered students with JMC





New Sun Joy MacLaren Adaptive Technology Centre

- 10 workstations
- Large screen monitors
- Adjustable-height tables
- Voice recognition software
- Screen magnification
- Printer/Scanner/Copier
- Specialized software





Bookable Study Rooms





Specialized Software

Windows - PC	Apple iMac (coming soon!)
Kurzweil v. 20.04	Kurzweil v. 22
Read & Write v. 12.0.74	Read & Write v. 12.0.74
Dragon Naturally Speaking v. 15	Dragon Naturally Speaking v. 13
ZoomText Magnifier/Reader 2022	FoxIt Phantom PDF
FoxIt Phantom PDF	FS Reader v. 2.1
JAWS 2022	
FS Reader v. 3	
Workstations: B, C, D, E, F, H	Workstations: A, G, J



For more information:





Nicole Borges & Jenna Lambert

Accessible Career Transitions (ACT) Program

Contact: ACT@Carleton.ca

Location: Career Services, 401 Tory Building

Website: Carleton.ca/ACT



Accessible Career Transitions

ACT Advising & ACT to Employ – Career Services









Meet the Team!



Career Services



Accessible Career Transitions

Specialized programming for students and alumni who identify as having a disability and employers who want to hire inclusively:

- ACT Advising
- ACT to Employ







ACT Advising

- Individualized, accessible, ongoing career development assistance
- Support navigating workplace accommodations, disclosure conversations, and employment as it relates to disability







ACT to Employ: Placement Support for Students

- Work term support (check-ins, counselling, accommodation implementation)
- Individual counselling with a disability and career development lens
- Disclosure and accommodation conversations
- Post-work-term support and resources
- Support for students enrolled in Carleton's Cooperative Program





Student Testimonial

"ACT to employ is an absolute gamechanger for students with disabilities. Prior to meeting with their team, I fully believed that I was incapable of a path in academia, doubting my competence and skill set. ACT to employ showed such genuine support, care, and interest, immediately connecting me to a job position that has been nothing short of transformational. It is their support from the very beginning that pushed me to break through my self-limits and set myself on a much brighter path for the future. Thanks to this team, I have gained unique opportunities, connected and worked with inspirational people, and gained invaluable skills and knowledge that I will continue to use throughout my career/life. "



Register for ACT:

Complete the registration form



Or visit our booth during the Student Services Mini-Fair! Carleton

Karina Czechowski MA, RP

Health and Counselling Services



Our Team

- Primary Care Physicians/Nurse Practitioners
- Nurses
- Counsellors
- GP Psychotherapy (referral based)
- Psychiatry (referral based)
- Care and Support Managers (Care Reports)



Health and Counselling Services

Medical Clinic

- Primary Care (pap smears, IUD insertions, etc.)
- Same day/Urgent care, doctor visits (sore throat, infections, acute injuries etc.)
- Vaccines (Gardasil, Hepatitis A&B, Vitamin B12, Hormone injections etc.)
- STI testing
- Mental Health Assessments and follow ups



Counselling

 Short-term counselling is available to students struggling with many different problems like anxiety, depression, relationship problems, sexual violence, and personal and academic stress. The students first appointment will be with an experienced intake counsellor over the phone who will explore their needs, and help navigate them to the appropriate resources.



Intake Process for Counselling

- You can book online through the Health and Counselling website. An intake form and consent form will be sent to you to be completed through a secure portal before your appointment
- The Intake Counsellor will call you to discuss appropriate supports based on unique concerns, do a risk assessment and provide resources while awaiting counselling
- Intake calls on average are 30 minutes
- If a student is not sure counselling is for them or if they are looking for additional resources give us a call!



Same-Day/Crisis/Urgent Counselling Support

- HCS aims to be as accessible to students and understands students may face situational stressors which may require same-day support.
- Same-day appointments are set-aside each day for students to access who may be facing concerns requiring immediate supportreserved for crisis and urgent concerns only
- The Intake Counsellor/Crisis Counsellor will navigate available resources with students to find the most appropriate form of support
- These may be booked by calling our clinic or walking in



Specialized Counselling Services

In recognition of the needs of Carleton's diverse student population, Health and Counselling Services has worked to diversify our team.

Specialized counsellors:

- Athletic Counsellor
- Eating Disorder/General Counsellor
- General Counsellors
- Graduate Counsellor
- Indigenous Counsellor
- International Counsellor
- Racialized Counsellors
- Residence Counsellors
- Trans/ 2SLGBTQ+ Counsellor
- Trauma and Sexual Assault Counsellor



Confidentiality

- Health and Counselling Services (HCS) is legally required to keep health information confidential.
- HCS will not release any information without written permission from the student. The limits to confidentiality are:
 - -To protect a student or others from immediate harm
 - -When ordered by a court to do so (subpoena);
 - -Disclosure of abuse or neglect of someone under the age of 17 years old



Hours/Contact/Location

- Hours: Monday to Friday from 8:30am to 4:30pm
- Contact & Location
 - Medical Clinic: 613-520-6674; 2600 Carleton Technology and Training Centre Building
 - Counselling Services: 613-520-6674 option #2; 2500 Carleton Technology and Training Centre Building
 - Counselling Services (Residence): 613-520-2600 ext.8061; 131 Renfrew House
 - Online booking available for counselling intake and medical appointments



Sue Goulding & Chelsey Trstenjak

Awards & Financial Aid

Contact: Awards@Carleton.ca

Location: 202 Pigiarvik (ለՐ⊲ናልኑ)

Website: Carleton.ca/Awards



Awards and Financial Aid

Awards

Scholarships

- Issues to your student account in 2 instalments, providing you are registered in 4.0 credits over Fall/Winter
- Contact us: <u>awards@carleton.ca</u>

Bursaries

 General Undergraduate Bursary application opens September 6th on Carleton Central and closes October 31st

Awards for Students with Disabilities

 https://carleton.ca/awards/awards-forstudents-with-disabilities/

Financial Aid

OSAP and Out-of-Province Student Aid

Work Study

- Financial need based program
- Work on campus while also completing your studies
- Opens September 1st on Carleton Central
- https://carleton.ca/awards/work-study/



Additional Information

- Check out Financial Literacy Month in November
- Follow us on Twitter: @CUAwards
- Website: carleton.ca/awards
- Questions: contact <u>awards@carleton.ca</u>



Julie Furber

Centre for Student Academic Support (CSAS)

Contact: CSAS@Carleton.ca

Location: 4th Floor MacOdrum Library

Website: Carleton.ca/csas





Learning Support Services

1-1 Learning Support Sessions
Learning Support Workshops
Incentive Program



Writing Services

1-1 Writing Consultation SessionsWriting Support WorkshopsAcademic Writing for English Language Learners



Peer Assisted
Study Sessions
(PASS)

Workshops

Q&A or Office Hours

Mock Exams



Centre for Student Academic Support





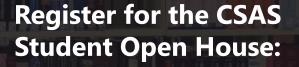
Thank You!

csas@carleton.ca

Happy to Take Questions



carleton.ca/csas/





@CarletonU_csas





Centre for Studen
Academic Suppor

Demi Oluremi & Zoe Fleming

Carleton Disability Awareness Centre

Contact: CDAC@CUSAonline.ca

Location: 424 Nideyinan (formerly University Centre)

Website: CUSAonline.ca/who-we-are/service-centres/cdac



Zoe Fleming (she/her)

Programming Coordinator

Major in Communication and Media Studies with a minor in Disability Studies.

Student Life

Dancer/Choergrapher at Carleton DanceLab

Hobbies & Interest

 Listening to music, reading books, hanging out with friends

Fun Facts

- Grew up in Toronto, ON.
- Has a service dog named Pickles



Demi Oluremi (She/her)

Adminstrative Coordinator

Major in Childhood and Youth Studies with a minor in Psychology.

Student Life

 Co-President of Lighthouse Church Carleton (Pentecostal) Club

Hobbies & Interest

 Watching Movies and spending time with loved ones

Fun Facts

- Grew up in Nigeria
- Have a small Nigerian food bussiness called Dem's Kitchen.



THE CARLETON DISABILITY AWARENESS CENTRE

The Carleton Disability Awareness Center (CDAC) provides the Carleton community with social supports regarding disability and accessibility. CDAC is designed to act as a forum for disability issues and to provide advocacy and events. The CDAC staff aims to foster social opportunities and to involve the CUSA membership in disability education and inclusion. They endeavour to challenge the stereotypes about disability and assist in the removal of barriers to every aspect of university life.



SERVICES CDAC PROVIDES AND WHAT WE DO

- Peer support
- Wheelchair and Crutch Rentals
- Accessible Lounge space
- Brailer and Screen Reader
- Address Accessibility concerns
- Advocacy about Disability Issues

MOBILITY AIDS/ EQUIPMENT RENTALS



VOLUNTEER PROGRAM



Yohance Huggins-Charles

Umoja Black Community Engagement Program

Contact: Umoja@Carleton.ca

Website: Carleton.ca/seo/umoja-black-community-

engagement-program



Laurie Pelow & Tyler Dinardo

McIntyre Exam Centre

Contact: ExamRoom@Carleton.ca

Location: 133 Nideyinàn (formerly University Centre)

Website: Carleton.ca/ses

