

PMC Orientation 2026: Event Guide



Friday, September 4, 2026



**Richcraft Hall, Carleton
University**



9:00 AM - 12:30 PM





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Visiting Campus

Below are important details for guests visiting campus for the first time.

Arriving to Campus

Paid visitor parking is available on campus. If driving to the event, the nearest lot is **P16 - Richcraft Hall Parking Lot**. Lot locations and rates can be found on the [Visitor Parking webpage](#).

The nearest Para Transpo drop-off location is **Stop #7: Richcraft/Steacie/Health Science**.

When on campus, get directions to Richcraft Hall using [Carleton's Interactive Map](#).

Guest Wi-Fi Access

Complimentary wireless internet can be accessed by using the login credentials below:

Network: CU-Guest

Domain: net.carleton.ca

Username: None required

Password: carleton2026

Event Schedule

Find details about the event schedule below

When?	What?	Where?
8:30 - 9:00 AM	• Arrive at the event • Option to participate in icebreakers	Richcraft Hall (Level 2) - There will be registration staff to greet you
9:00 - 9:38 AM	• Welcome from PMC's Director • Carleton Instructor Presentation • Breakout Session instructions	Richcraft Hall Atrium
9:38 - 9:43 AM	Break!	
9:43 - 10:06 AM	• Breakout Sessions Round 1 • Informational Sessions Round 1	A schedule with locations will be provided
10:06 - 10:11 AM	Break!	

Event Schedule

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When?	What?	Where?
10:11 - 10:34 AM	• Breakout Sessions Round 2 • Informational Sessions Round 2	A schedule with locations will be provided
10:34 - 10:39 AM	Break!	
10:39 - 11:02 AM	Breakout Sessions Round 3	A schedule with locations will be provided
11:02 - 11:10 AM	Break!	
11:10 - 11:55 AM	Student Panel and Q&A	Richcraft Hall Atrium
11:55 AM - 12:00 PM	Wrap-up	Richcraft Hall Atrium
12:00 - 12:30 PM	Student Services Mini-Fair	Richcraft Hall Atrium

Breakout Sessions

To accommodate room capacity, students will be directed to attend sessions based on the schedules provided at their seat.

PMC 101: Your Guide to Academic Accommodations

RB 2228, Hosted by Candice Kavanagh

Learn how the Paul Menton Centre can support your academic journey. This session covers everything you need to know - from setting up your accommodations to navigating the Ventus portal - so you can start the year prepared and confident.

Learning Strategy & Assistive Technology Support

RB 2224, Hosted by Jessie Gunnell & Jordyn Tremblay

This session introduces students registered with the PMC to Learning Strategy (LS) and Assistive Technology (AT) support. Explore ways and tools to stay organized, study more effectively, and build academic confidence from day one.

Thriving in Your First Year: Skills, Tools and Support for Mental Health and Wellness

RB 2220, Hosted by Kristie Tousignant

This session explores essential skills and tools to help you manage the transition to university life. Learn about Carleton's physical and mental health resources, as well as one-on-one support available through the Care and Support team.

Information Sessions

These sessions are optional and run concurrently with the Breakout Sessions.

Graduate Student Session

RB 3228, Hosted by Somei Tam

Join the PMC Graduate Student Information Session to learn about academic accommodations, available supports, and the services that can help you succeed throughout your graduate studies.

Parent(s)/Support Person(s) Session

RB 3224, Hosted by Sonia Tanguay

This session is designed for parents, family members, and other support persons to learn about how their student will be supported through the PMC.

Please note: To accommodate room capacity, parents and support persons will be assigned a session to attend.

Student Services Mini-Fair

Meet representatives from the following departments and services during the Student Services Mini-Fair:

Paul Menton Centre (PMC): Coordinates academic disability-related accommodations for students with visible and non-visible disabilities.

carleton.ca/pmc

Library Accessibility Services: Provides equitable access to library resources, services, and study space required for academic and research needs.

library.carleton.ca/services/library-accessibility-services

McIntyre Exam Centre (MEC): Provides services to students and instructors in order to meet a variety of exam accommodations. Responsible for administering exam accommodations for PMC students.

carleton.ca/ses/mcintyre-exam-centre/exam-accommodations

Awards & Financial Aid: Administers various financial aid and awards programs

carleton.ca/awards

Student Services Mini-Fair

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Attendant Services: Provides attendant and personal care services to students with physical disabilities living in residence.

carleton.ca/attendant-services-program

Accessible Career Transitions (ACT): Provides specialized career advice and support for students with disabilities

carleton.ca/act

Centre for Students with Disabilities (CDAC): A peer support, advocacy, and community space for students who experience disability, chronic illness, neurodiversity, or inaccessibility.

cusaonline.ca/service-centres/cdac

Sensory Considerations

To help guests prepare, please find additional details on the physical space and event programming.

What to Expect

The Richcraft Hall Atrium is a brightly lit, open-concept space that may become loud at points throughout the event. A microphone will be used to amplify the speaker's voice in all presentation rooms.

For your comfort, you may consider bringing **eye/light protection** such as a hat and/or sunglasses and **noise protection** such as earplugs or headphones.

Guests are invited to preview the event space by taking a [virtual tour of Richcraft Hall](#).

Low Sensory Room

Room 2211 is a designated Low Sensory Room. Guests are invited to visit this space at any time throughout the event.

This is a low-light quiet space intended for guests to take sensory breaks as needed. Foam earplugs and a limited number of noise-cancelling headphones will be available.

Guests anticipating the need for assistive devices such as noise-cancelling headphones are encouraged to bring their own due to limited availability.

Resources

Find additional resources to help ease your transition below:

Virtual Tours

Check out our [Virtual Tours](#) to explore spaces on campus commonly used by PMC students including:

- Paul Menton Centre
- McIntyre Exam Centre
- Joy MacLaren Centre

New Term Checklist

Start your semester off strong! Our [New Term Checklist](#) is a to-do list of things you should do each term to ensure your academic accommodations and support services are in place.

Paul Menton Centre Brightspace

Self-enroll in the [Paul Menton Centre course](#) on Brightspace. This is a hub of information relevant to PMC students, including sections on Resources for New Students and additional Campus Supports.