



Sprott
School of Business
Carleton University

PARG

Professional Accounting
Research Group

RESEARCH NOTE

#PARG 2025-61RN

Food Banks Finances in Canada

An examination of charities in Newfoundland and Labrador

François Brouard, DBA, FCPA, FCA

Manuel Litalien, PhD

Farnaz Zaredorahi, PhD student

September 2025



Introduction

Poverty remains a serious problem for communities across Canada (National Advisory Council on Poverty, 2022). Typically, if the general population expects the federal, provincial and municipal governments to engage in welfare provisions and alleviate poverty, several solutions may be noted which fall outside of government initiatives. Food banks illustrate such an alternative strategy. They focus on one area connected to poverty, namely fighting food insecurity nationally. However, they are by no means a permanent solution to address hunger.

The purpose of this study is to examine the financial information of selected food banks registered charities in major Canadian cities, across Canadian provinces / territories, including their national / provincial associations. This is part of a mapping exercise to offer an overview of the situation and the ecosystem in the country (See Appendix A for a list of the research notes).

Overall, the study aims to better understand the philanthropic sector of food banks through the following research questions:

- 1) Who is the provincial food banks association in Newfoundland and Labrador?
- 2) What are the food banks in major cities in Newfoundland and Labrador?
- 3) How can we describe the food banks in major cities in Newfoundland and Labrador?
- 4) What are the finances of the provincial association and food banks in major cities in Newfoundland and Labrador?



Sprott
School of Business
Carleton University



NIPISSING
UNIVERSITY

in
collaboration
with



PhiLab

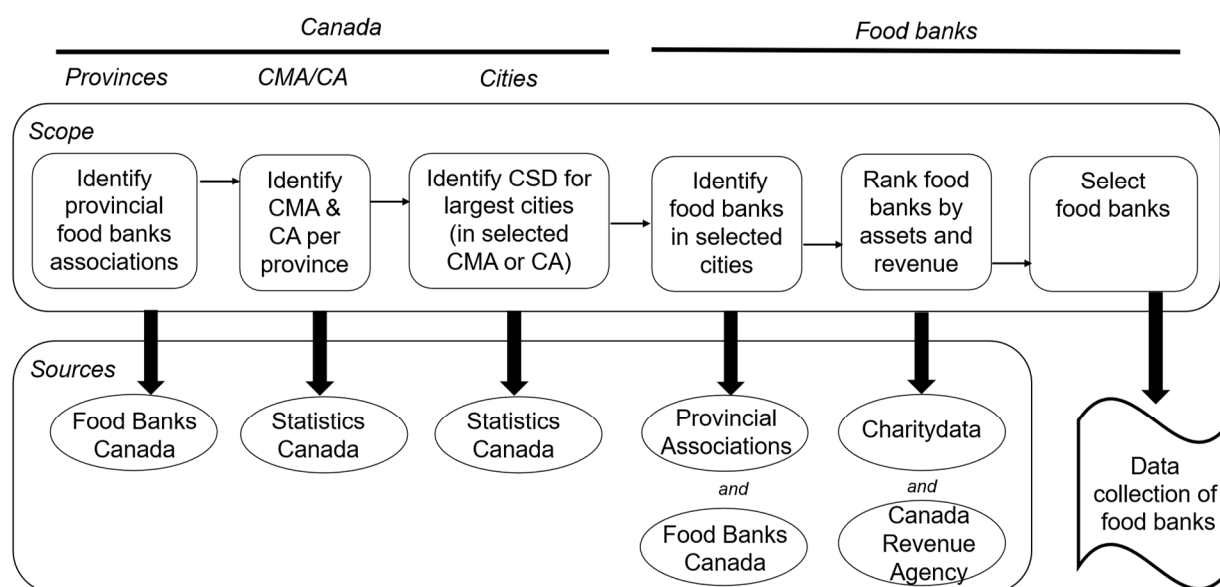
This research note summarizes some information regarding Newfoundland and Labrador. It presents a portion of the study such as a summary of the methodology, a description of Community Food Sharing Association and some food banks in Newfoundland and Labrador in several cities, namely St. John's and a presentation of their finances.

Methodology

The methodology section summarizes the selection of Canadian food banks and the data collection. A data-driven method was used to identify and analyze the food banks serving Canada's largest urban areas in each of the provinces. More detailed information on the methodology is available in the Overview research note of the series (2025-50RN).

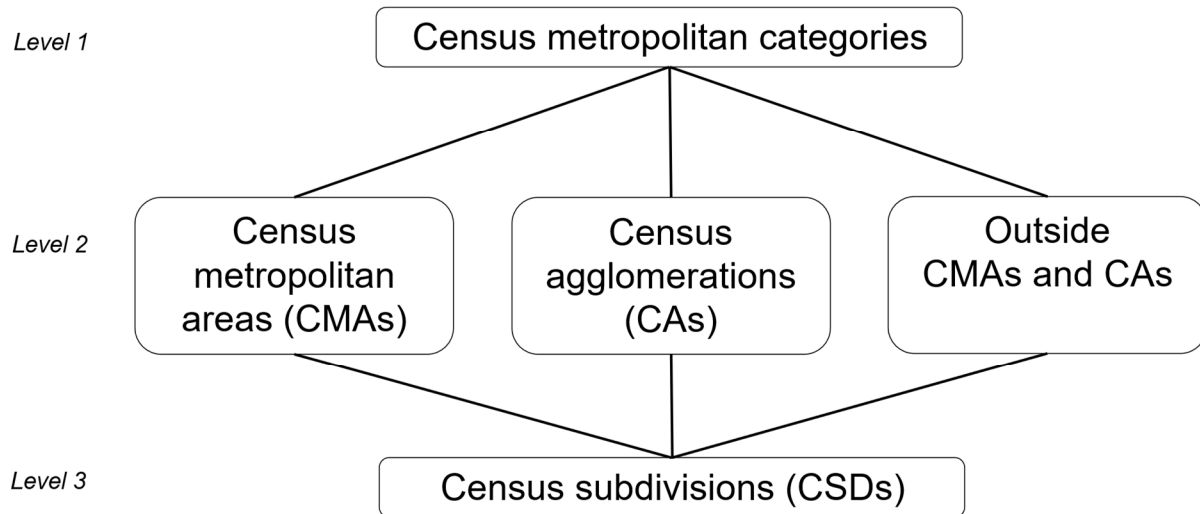
Three figures are presented to summarize the methodology of the study. Figure A illustrates the steps in the selection of Canadian food banks used in this research. Figure B illustrates the Standard Geographical Classification Hierarchy of concepts used by Statistics Canada. They are the Census Metropolitan Areas (CMA), the Census Agglomerations (CA) and the Census subdivisions (CSD). Figure C illustrates the data collection. The scope of the study is interested by information regarding provinces, cities, provincial associations and selected food banks. Information collected could be separated into three groups, namely contextual information on a province or a city, financial information and other information.

Figure A – Selection of Canadian Food Banks



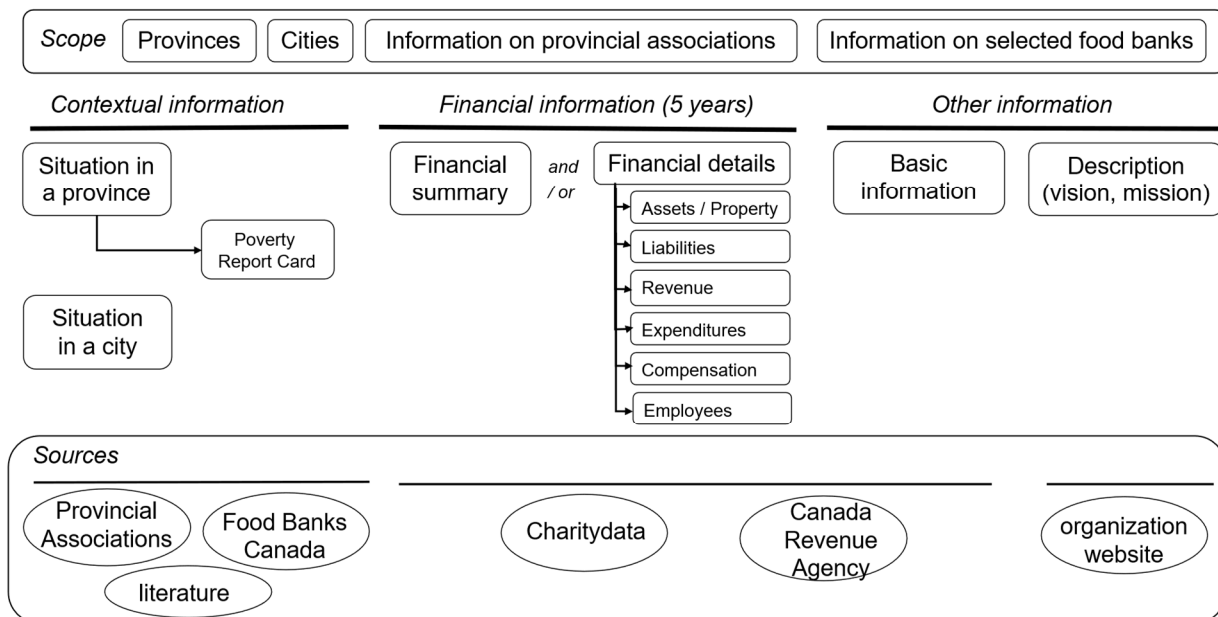
Note: CMA = Census metropolitan areas; CA = Census agglomerations; CSD = Census subdivisions

Figure B – Standard Geographical Classification Hierarchy



Source: Statistics Canada (2021)

Figure C – Data Collection Regarding Canadian Food Banks



Cities in Newfoundland and Labrador

Newfoundland and Labrador (province)

Table 1 shows CMA or CA in Newfoundland and Labrador. One CMA is selected, namely St. John's.

Table 1 – CMA or CA in Newfoundland and Labrador

<i>CMA name</i>	<i>Population 2021</i>	<i>CA name</i>	<i>Population 2021</i>
St. John's	212,579	Corner Brook	29,762
		Grand Falls-Windsor	13,853
		Gander	13,414

Source: Statistics Canada (2022a)

St. John's

Table 2 shows Census subdivisions (CSD) in St. John's CMA. Table 3 shows the list of the main food banks in the St. John's CMA by assets and revenue.

Table 2 – Census subdivisions (CSD) in St. John's CMA

<i>Census subdivision (CSD) name</i>	<i>Population 2021</i>	<i>Census subdivision (CSD) name</i>	<i>Population 2021</i>
St. John's	110,525	Logy Bay-Middle Cove-Outer Cove	2,364
Conception Bay South	27,168	Pouch Cove	2,063
Paradise	22,957	Flatrock	1,722
Mount Pearl	22,477	Witless Bay	1,640
Portugal Cove-St. Philip's	8,415	Bay Bulls	1,566
Torbay	7,852	Petty Harbour-Maddox Cove	947
Holyrood	2,471	Bauline	412

Source: Statistics Canada (2022b)

Table 3 – List of main food banks in St. John's CMA

<i>Food bank</i>	<i>City</i>	<i>CRA #</i>	<i>Year</i>	<i>Total Assets 4200</i>	<i>Total Revenue 4700</i>
Bridges to Hope Food Bank	St. John's	859148009 RR0001	2024	985,231	789,352
CBS/Paradise Community Food Bank Limited	Conception Bay South	138819099 RR0001	2023	184,452	165,063
Newfoundland and Labrador Food Umbrella Inc.	St. John's	726027675 RR0001	2023	96,276	174,153
Campus Food Bank - NL Memorial University	St. John's	-			
Corpus Christi Food Bank	St. John's	-			
Emmaus House Food Bank	St. John's	-			
Gathering Place	St. John's	-			
Mac Morran Community Centre	St. John's	-			
Peninsula Used Clothing Food Bank	St. John's	-			
Salvation Army - St. John's Food Bank	St. John's	-			
Single Parent Association of NL	St. John's	-			
SSVP St. Teresa's	St. John's	-			
Salvation Army Mount Pearl	Mount Pearl	-			
Society of St. Vincent de Paul, Mary Queen of the World Conference	Mount Pearl	-			
St. Peter's Parish	Mount Pearl	-			
Northeast Avalon Food Bank	Torbay	-			
Holy Cross Parish Community Foodbank	Holyrood	-			

Source: Community Food Sharing Association (T3010) and CharityData, 2025

Food Banks situation in Newfoundland and Labrador






“Almost one in five people in Newfoundland and Labrador are food insecure — that’s 90,000 people. And although we don’t have much data on food charity usage, statistics from HungerCount show that there were around 17,000 food bank visits per month in 2022.” (Menon, 2023)

“Food banks in Newfoundland and Labrador are facing a critical crisis, with usage tripling since 2019.” (Tam, 2023)

“Bridges to Hope is looking to expand its space and scope of service in St. John's as the organization works to keep up with the growing demand for food assistance in Newfoundland and Labrador. The food bank, currently located on Cookstown Road near downtown St. John's, had over 17,000 visits in 2024. That number represents a 30 per cent increase since 2020, according to executive director Leslie Burgess, and the service has outgrown its space.” (Head, 2025)

Four sections (experience of poverty, poverty measures, material deprivation, legislative progress) and 13 indicators are included in the Food Banks Canada Poverty Report Cards. Table 4 compares the poverty report cards’ overall scores in 2023 and 2024 for Newfoundland and Labrador.

Table 4 – Poverty Report Cards Scores in 2023 and 2024 for Newfoundland and Labrador

Newfoundland and Labrador		Score 2023	Score 2024	2023 vs 2024
Overall	NL	D-	D-	
Experience of poverty		D+	F	
Poverty measures		D-	D-	
Material deprivation		D-	F	
Legislative progress		F	B	

Source: Food Banks Canada (2023, 2024a, 2024b)

Provincial Association – Community Food Sharing Association

“The Community Food Sharing Association, is the pivotal agency for food distribution to the hungry in Newfoundland and Labrador.

A registered charity, the Community Food Sharing Association is governed by a board of eight to twelve dedicated and committed volunteers from all walks of life.

From our St. John's office and warehouse, our six staff, with the help of hundreds of caring volunteers and community-minded businesses, manage the collection and distribution of food through 60 food banks to more than 15,400 children, women, and men throughout Newfoundland and Labrador.” (Community Food Sharing Association, 2025)



“Newfoundland & Labrador's Food Bank”



Mission

“Our mission is to meet two important goals:

Our immediate goal is to feed hungry people.

Our ultimate goal is to ensure that, by easing the struggles of the poorest in the province, no one goes hungry.” (Community Food Sharing Association, 2025)

Table 5 presents some basic information.

Table 5 – Community Food Sharing Association – Basic information

<i>Category</i>	<i>Information</i>
Registration no.:	119227429 RR0001
Status:	Registered
Effective date of status:	1986-04-01
Type of qualified donee:	Charity
Designation:	Charitable organization
Fiscal period end:	March 31
Website:	www.cfsa.nf.net

Source: Community Food Sharing Association (T3010) and CharityData, 2025

Financial summary

Table 6 presents a financial summary with assets, liabilities, net assets (calculated by difference between assets and liabilities), revenue and expenditures.

Table 6 – Community Food Sharing Association – Financial summary

Description	2024 \$	2023\$	2022 \$	2021\$	2020 \$
Total assets (4200)	4,253,005	3,798,266	3,562,610	3,219,245	1,828,719
Total liabilities (4350)	327,122	112,943	135,807	138,395	122,201
Total net assets	3,925,883	3,685,323	3,426,803	3,080,850	1,706,518
Total revenue (4700)	1,424,913	1,217,623	1,227,239	1,997,111	770,167
Total expenditures before gifts to qualified donees (4950)	1,171,932	933,339	869,389	601,871	537,957
Total amount of gifts made to all qualified donees (5050)	-	-	-	-	-
Total expenditures (5100)	1,171,932	933,339	869,389	601,871	537,957

Source: Community Food Sharing Association (CRA T3010 Information Return March 31 2020-2024) and CharityData, 2025

Financial position

Table 7 presents assets. Table 8 presents property not used in charitable activities and Table 9 presents liabilities.

Table 7 – Community Food Sharing Association – Assets

Description	Code	2024 \$	2023 \$	2022 \$	2021\$	2020 \$
Cash, bank accounts, and short term investments	4100	4,049,968	3,661,746	3,426,172	3,050,814	1,694,192
Amounts receivable from non-arm's length persons	4110	110,142	12,897	9,915	13,620	3,557
Amounts receivable from all others	4120	-	-	-	-	-
Investments in non-arm's length persons	4130	-	-	-	-	-
Long term investments	4140	-	-	-	-	-
Inventories	4150	-	-	-	-	-
Land and buildings	4155	-	-	-	-	-
Other capital assets	4160	92,895	123,623	126,523	154,811	130,970
Accumulated amortization of capital assets	4166	-	-	-	-	-
Other assets	4170	-	-	-	-	-
10 year gifts	4180	629,779	539,511	629,959	1,802,753	871,504
Total assets	4200	4,253,005	3,798,266	3,562,610	3,219,245	1,828,719

Source: Community Food Sharing Association (CRA T3010 Information Return March 31 2020-2024) and CharityData, 2025.

Table 8 – Community Food Sharing Association – Property not used in charitable activities

Description	code	2024 \$	2023 \$	2022 \$	2021 \$	2020 \$
Average value of property during the 24 months before the beginning of the fiscal period	5900	-	-	-	-	-
Average value of the property during the 24 months before the end of the fiscal period	5910	-	-	-	-	-

Source: Community Food Sharing Association (CRA T3010 Information Return March 31 2020-2024) and CharityData, 2025

Table 9 – Community Food Sharing Association – Liabilities

Description	Code	2024 \$	2023 \$	2022 \$	2021\$	2020 \$
Accounts payable and accrued liabilities	4300	16,417	13,636	10,926	8,755	9,739
Deferred revenue	4310	310,705	99,307	124,881	129,640	112,462
Amounts owing non-arm's length persons	4320	-	-	-	-	-
Other liabilities	4330	-	-	-	-	-
Total liabilities	4350	327,122	112,943	135,807	138,395	122,201

Source: Community Food Sharing Association (CRA T3010 Information Return March 31 2020-2024) and CharityData, 2025

Revenue and expenditures

Table 10 presents a summary of revenue and Table 11 presents a summary of expenditures.

Table 10 – Community Food Sharing Association – Revenue

Description	Code	2024 \$	2023 \$	2022 \$	2021\$	2020 \$
Total eligible amount of all gifts with tax receipts	4500	1,266,347	1,062,720	1,092,277	1,972,636	729,506
Total eligible amount of tax-receipted tuition fees	5610	-	-	-	-	-
Total amount of 10 year gifts received	4505	-	-	-	-	-
Total amount received from other registered charities	4510	-	-	-	-	-
Total other gifts received for which a tax receipt was not issued by the charity (excluding amounts at lines 4575 and 4630)	4530	-	-	-	-	-
Total revenue received from federal government	4540	39,287	121,285	124,433	13,759	11,325
Total revenue received from provincial/territorial governments	4550	-	5,200	5,200	5,200	5,200
Total revenue received from municipal/regional governments	4560	-	-	-	-	-
Total tax-receipted revenue from all sources outside of Canada (government and non-government)	4571	-	-	-	-	-
Total non tax-receipted revenue from all sources outside Canada (government and non-government)	4575	-	-	-	-	-
Total interest and investment income received or earned	4580	119,279	28,418	5,329	5,516	24,136
Gross proceeds from disposition of assets	4590	-	-	-	-	-
Net proceeds from disposition of assets (show a negative amount with minus sign)	4600	-	-	-	-	-
Gross income received from rental of land and/or buildings	4610	-	-	-	-	-
Total non tax-receipted revenues received for memberships, dues and association fees	4620	-	-	-	-	-
Total non tax-receipted revenue from fundraising	4630	-	-	-	-	-
Total revenue from sale of goods and services (except to any level of government in Canada)	4640	-	-	-	-	-
Other revenue not already included in the amounts above	4650	-	-	-	-	-
Total revenue	4700	1,424,913	1,217,623	1,227,239	1,997,111	770,167

Source: Community Food Sharing Association (CRA T3010 Information Return March 31 2020-2024) and CharityData, 2025

Table 11 – Community Food Sharing Association – Expenditures

<i>Description</i>	<i>Code</i>	<i>2024 \$</i>	<i>2023 \$</i>	<i>2022 \$</i>	<i>2021\$</i>	<i>2020 \$</i>
Advertising and promotion	4800	403	403	380	393	2,871
Travel and vehicle expenses	4810	15,936	10,375	5,825	12,013	17,075
Interest and bank charges	4820	737	755	840	857	675
Licences, memberships, and dues	4830	-	-	-	-	-
Office supplies and expenses	4840	10,241	5,787	9,495	15,670	11,444
Occupancy costs	4850	26,096	31,805	22,022	28,776	29,435
Professional and consulting fees	4860	7,825	5,750	5,600	4,025	3,910
Education and training for staff and volunteers	4870	-	-	-	-	-
Total expenditures on all compensation	4880	259,872	302,742	296,208	316,149	294,721
Fair market value of all donated goods used in charitable activities	4890	-	-	-	-	-
Purchased supplies and assets	4891	687,917	411,823	377,852	99,736	95,489
Amortization of capital assets	4900	30,728	38,891	43,867	40,343	25,973
Research grants and scholarships as part of charitable activities	4910	-	-	-	-	-
All other expenditures not included in the amounts above (excluding gifts to qualified donees)	4920	132,177	125,008	107,300	83,909	56,364
Total expenditures before gifts to qualified donees	4950	1,171,932	933,339	869,389	601,871	537,957
Of the amounts at line 4950						
a. Total expenditures on charitable activities	5000	1,054,479	798,418	729,259	503,678	458,692
b. Total expenditures on management and administration	5010	88,426	88,517	100,050	97,800	75,394
c. Total expenditures on fundraising	5020	403	403	380	393	2,871
d. Total other expenditures included in line 4950	5040	-	-	-	-	-
Total amount of gifts made to all qualified donees	5050	-	-	-	-	-
Total expenditures	5100	1,171,932	933,339	869,389	601,871	537,957

Source: Community Food Sharing Association (CRA T3010 Information Return March 31 2020-2024) and CharityData, 2025

Compensation and numbers of employees

Table 12 presents a summary of compensation and number of employees.

Table 12 – Community Food Sharing Association – Compensation and number of employees

Description	code	2024		2021		2019	
		\$	number	\$	number	\$	number
Total compensation for all positions	390	259,872		316,149		276,395	
Full-time employees	300		8		12		9
Part-time or Part-year employees	370		2		1		1
Total compensation for part-time or part-year employees	380	4,570		3,696		2,915	
Compensation (ten highest)							
\$1 to \$39,999	305	4			9		8
\$40,000 to \$79,999	310	5			3		1
\$80,000 to \$119,999	315	0			0		0
\$120,000 to \$159,999	320	0			0		0
\$160,000 to \$199,999	325	0			0		0
\$200,000 to \$249,999	330	0			0		0
\$250,000 to \$299,999	335	0			0		0
\$300,000 to \$349,999	340	0			0		0
\$350,000 and over	345	0			0		0

Source: Community Food Sharing Association (CRA T3010 Information Return March 31 2019, 2021, 2024) and CharityData, 2025

Bridges to Hope Food Bank (St. John's CMA)

"Newfoundland and Labrador has the highest rate of per capita food bank usage in Canada. In 2024, our pantry saw over 17,000 total visits. We are committed to maintaining low-barrier programming. For this reason, our food bank does not place eligibility restrictions based on address or income. Everyone who accesses our services can receive a monthly food hamper, as well as an emergency top-up if they are in need of additional support." (Bridges to Hope, 2025)



"We envision a future where all of our neighbours have access to nutritious and culturally appropriate food." (Bridges to Hope, 2024, p.2)

Mission

"Our mission is to provide dignified and accessible assistance to those experiencing food insecurity." (Bridges to Hope, 2024, p.2)

Table 13 presents some basic information.

Table 13 – Bridges to Hope – Basic information

Category	Information
Registration no.:	859148009 RR0001
Status:	Registered
Effective date of status:	2006-11-30
Type of qualified donee:	Charity
Designation:	Charitable organization
Fiscal period end:	December 31
Website:	www.bridgestohope.ca

Source: Bridges to Hope (T3010), CRA (2025) and CharityData, 2025

Financial summary

Table 14 presents a financial summary with assets, liabilities, net assets (calculated by difference between assets and liabilities), revenue and expenditures.

Table 14 – Bridges to Hope – Financial summary

Description	2024 \$	2023\$	2022 \$	2021\$	2020 \$
Total assets (4200)	985,231	634,958	788,535	782,945	631,125
Total liabilities (4350)	126,811	193,239	119,069	163,212	102,959
Total net assets	858,420	441,719	669,466	619,733	528,166
Total revenue (4700)	789,352	643,122	502,628	416,109	537,844
Total expenditures before gifts to qualified donees (4950)	675,200	568,318	455,403	350,464	280,033
Total amount of gifts made to all qualified donees (5050)	-	-	-	-	-
Total expenditures (5100)	675,200	568,318	455,403	350,464	280,033

Source: Bridges to Hope (CRA T3010 Information Return December 31 2020-2024) and CharityData, 2025

<http://sprott.carleton.ca/parg/>

13

Financial position

Table 15 presents assets, Table 16 presents property not used in charitable activities and Table 17 presents liabilities.

Table 15 – Bridges to Hope – Assets

Description	Code	2024 \$	2023 \$	2022 \$	2021 \$	2020\$
Cash, bank accounts, and short term investments	4100	718,593	379,010	519,536	502,919	463,048
Amounts receivable from non-arm's length persons	4110	-	-	7,450	10,038	3,350
Amounts receivable from all others	4120	6,564	-	-	-	-
Investments in non-arm's length persons	4130	-	-	-	-	-
Long term investments	4140	-	-	-	-	-
Inventories	4150	-	-	-	-	-
Land and buildings	4155	311,762	255,948	261,549	269,988	157,749
Other capital assets	4160	50,921	-	-	-	-
Accumulated amortization of capital assets	4166	(113,126)	-	-	-	-
Other assets	4170	10,517	-	-	-	6,978
10 year gifts	4180	-	-	230,712	228,951	141,840
Total assets	4200	985,231	634,958	788,535	782,945	631,125

Source: Bridges to Hope (CRA T3010 Information Return December 31 2020-2024) and CharityData, 2025

Table 16 – Bridges to Hope – Property not used in charitable activities

Description	code	2024 \$	2023 \$	2022 \$	2021 \$	2020\$
Average value of property during the 24 months before the beginning of the fiscal period	5900	-	-	-	-	-
Average value of the property during the 24 months before the end of the fiscal period	5910	-	-	-	-	-

Source: Bridges to Hope (CRA T3010 Information Return December 31 2020-2024) and CharityData, 2025

Table 17 – Bridges to Hope – Liabilities

Description	Code	2024 \$	2023 \$	2022 \$	2021 \$	2020\$
Accounts payable and accrued liabilities	4300	16,339	25,266	25,427	20,485	12,959
Deferred revenue	4310	110,472	167,973	93,642	112,727	60,000
Amounts owing non-arm's length persons	4320	-	-	-	-	-
Other liabilities	4330	-	-	-	30,000	30,000
Total liabilities	4350	126,811	193,239	119,069	163,212	102,959

Source: Bridges to Hope (CRA T3010 Information Return December 31 2020-2024) and CharityData, 2025

Revenue and expenditures

Table 18 presents a summary of revenue and Table 19 presents a summary of expenditures.

Table 18 – Bridges to Hope – Revenue

Description	Code	2024 \$	2023 \$	2022 \$	2021 \$	2020\$
Total eligible amount of all gifts with tax receipts	4500	611,187	492,158	317,356	91,146	86,133
Total eligible amount of tax-receipted tuition fees	5610	-	-	-	-	-
Total amount of 10 year gifts received	4505	-	-	-	-	-
Total amount received from other registered charities	4510	30,592	22,226	86,704	54,229	66,065
Total other gifts received for which a tax receipt was not issued by the charity (excluding amounts at lines 4575 and 4630)	4530	-	32,735	56,401	60,653	10,254
Total revenue received from federal government	4540	51,227	30,125	50,186	11,894	10,822
Total revenue received from provincial/territorial governments	4550	-	-	2,320	-	-
Total revenue received from municipal/regional governments	4560	15,000	15,000	11,500	10,000	10,000
Total tax-receipted revenue from all sources outside of Canada (government and non-government)	4571	-	-	-	-	-
Total non tax-receipted revenue from all sources outside Canada (government and non-government)	4575	-	-	-	-	-
Total interest and investment income received or earned	4580	2,264	11,351	177	615	215
Gross proceeds from disposition of assets	4590	-	-	-	-	-
Net proceeds from disposition of assets (show a negative amount with minus sign)	4600	-	-	-	-	-
Gross income received from rental of land and/or buildings	4610	12,826	10,200	13,200	13,200	13,200
Total non tax-receipted revenues received for memberships, dues and association fees	4620	-	-	-	-	-
Total non tax-receipted revenue from fundraising	4630	66,256	-	-	25,428	55,350
Total revenue from sale of goods and services (except to any level of government in Canada)	4640	-	-	-	-	-
Other revenue not already included in the amounts above	4650	-	29,327	-	8,617	16,968
Total revenue	4700	789,352	643,122	537,844	275,782	269,007

Source: Bridges to Hope (CRA T3010 Information Return December 31 2020-2024) and CharityData, 2025

Table 19 – Bridges to Hope – Expenditures

<i>Description</i>	<i>Code</i>	<i>2024 \$</i>	<i>2023 \$</i>	<i>2022 \$</i>	<i>2021 \$</i>	<i>2020\$</i>
Advertising and promotion	4800	11,233	11,622	1,100	612	547
Travel and vehicle expenses	4810	-	-	-	-	-
Interest and bank charges	4820	15,455	14,282	2,240	2,040	2,509
Licences, memberships, and dues	4830	-	307	-	-	-
Office supplies and expenses	4840	18,776	29,299	23,575	17,515	23,957
Occupancy costs	4850	47,788	44,436	31,429	30,059	26,649
Professional and consulting fees	4860	21,213	14,161	2,255	-	2,260
Education and training for staff and volunteers	4870	2,489	-	-	-	-
Total expenditures on all compensation	4880	271,483	245,876	158,461	127,404	122,920
Fair market value of all donated goods used in charitable activities	4890	-	-	-	-	-
Purchased supplies and assets	4891	190,076	185,717	54,861	23,486	38,646
Amortization of capital assets	4900	11,412	12,070	-	4,542	4,787
Research grants and scholarships as part of charitable activities	4910	-	-	-	-	-
All other expenditures not included in the amounts above (excluding gifts to qualified donees)	4920	85,285	10,548	6,112	29,244	21,940
Total expenditures before gifts to qualified donees	4950	675,200	568,318	280,033	234,902	244,215
Of the amounts at line 4950						
a. Total expenditures on charitable activities	5000	-	568,318	280,033	-	-
b. Total expenditures on management and administration	5010	-	-	-	-	-
c. Total expenditures on fundraising	5020	-	-	-	-	-
d. Total other expenditures included in line 4950	5040	-	-	-	-	-
Total amount of gifts made to all qualified donees	5050	-	-	-	-	-
Total expenditures	5100	675,200	568,318	280,033	234,902	244,215

Source: Bridges to Hope (CRA T3010 Information Return December 31 2020-2024) and CharityData, 2025

Compensation and numbers of employees

Table 20 presents a summary of compensation and number of employees.

Table 20 – Bridges to Hope – Compensation and number of employees

Description	code	2024		2022		2020	
		\$	number	\$	number	\$	number
Total compensation for all positions	390	320,772		190,943		158,461	
Full-time employees	300		5		3		3
Part-time or Part-year employees	370		3		0		5
Total compensation for part-time or part-year employees	380	16,199		0		18,641	
Compensation (ten highest)							
\$1 to \$39,999	305		1		4		4
\$40,000 to \$79,999	310		4		1		1
\$80,000 to \$119,999	315		0		0		0
\$120,000 to \$159,999	320		0		0		0
\$160,000 to \$199,999	325		0		0		0
\$200,000 to \$249,999	330		0		0		0
\$250,000 to \$299,999	335		0		0		0
\$300,000 to \$349,999	340		0		0		0
\$350,000 and over	345		0		0		0

Source: Bridges to Hope (CRA T3010 Information Return December 31 2020-2024) and CharityData, 2025

References

- Bridges to Hope (2024). *Annual report 2024*. 30p.
<https://static1.squarespace.com/static/622aa0f964b9e339242670f2/t/68656bafad310a5081d2f974/1751477208827/BTH+Annual+Report+2024+-+with+FS.pdf>
- Bridges to hope (2025). *What We Do*. <https://bridgestohope.ca/what-we-do>
- Canada Revenue Agency (CRA) (2025). *List of charities and certain other qualified donees – advanced search*. <https://apps.cra-arc.gc.ca/ebci/hacc/srch/pub/dsplyAdvncdSrch>
- Charitydata (2025). *Advanced charity search*. <https://www.charitydata.ca/search>
- Community Food Sharing Association (2025). *Who we are*. <https://cfsa.nf.net/whoweare>
- Food Banks Canada (2023). *Poverty report cards 2023*, 154p.
<https://fbcblobstorage.blob.core.windows.net/wordpress/2023/09/PRC-Report-Final-19.09.23.pdf>
- Food Banks Canada (2024a). *Poverty report card*. <https://foodbanksCanada.ca/poverty-report-card/>
- Food Banks Canada (2024b). *Poverty report cards 2024*. 199p.
<https://fbcblobstorage.blob.core.windows.net/wordpress/2024/05/Poverty-Report-Cards-2024-Final-003.pdf>
- Head, J. (2025). Bridges to Hope looks to expand as food bank demand grows, *CBC News*, June 03. <https://www.cbc.ca/news/canada/newfoundland-labrador/bridges-to-hope-expanding-1.7550798>
- Menon, A. (2023). How one community leader is fighting for food security in Newfoundland and Labrador, *Broadview*, June 08. <https://broadview.org/food-security-newfoundland/>
- National Advisory Council on Poverty (NACP) (2022). *Transforming Our Systems: The 2022 Report of the National Advisory Council on Poverty*, Ottawa: Employment and Social Development Canada. https://www.canada.ca/content/dam/esdc-edsc/documents/programs/poverty-reduction/national-advisory-council/reports/2022-annual/NACP_2022-Report-EN-final.pdf
- Statistics Canada (2022a). *Focus on Geography Series, 2021 Census of Population – Newfoundland and Labrador, Province*, December 16.
<https://www12.statcan.gc.ca/census-recensement/2021/as-sa/fogs-spg/page.cfm?topic=1&lang=E&dguid=2021A000210>
- Statistics Canada (2022b). *Focus on Geography Series, 2021 Census of Population – St. John's, Census metropolitan area*, December 16.
<https://www12.statcan.gc.ca/census-recensement/2021/as-sa/fogs-spg/page.cfm?dguid=2021S0503001&topic=1&lang=E>
- Tam, C. (2023). Newfoundland and Labrador Ranks the Highest in Food Insecurity, *Kicker*, November 16. <https://kickerCNA.ca/2023/11/16/newfoundland-and-labrador-ranks-the-highest-in-food-insecurity/>

ABOUT THE AUTHORS

François Brouard, DBA, FCPA, FCA is a Full professor in the Sprott School of Business, Carleton University, founding director of the Sprott Centre for Social Enterprises / Centre Sprott pour les entreprises sociales (SCSE/CSES), director of the Professional Accounting Research Group (PARG) and co-director of Philab Ontario.
francois.brouard@carleton.ca

Manuel Litalien, PhD is an Associate professor in the Department of Social Welfare and Social Development, Nipissing University and co-director of Philab Ontario.
manuell@nipissingu.ca

Farnaz Zaredorahi is a PhD student in the Sprott School of Business, Carleton University, and member of the Professional Accounting Research Group (PARG).

[suggestion for citing the research note: Brouard, François, Litalien, Manuel, Zaredorahi, Farnaz (2025). *Food Banks Finances in Canada – An examination of charities in Newfoundland and Labrador*, PARG #2025-61RN, Research Note, Professional Accounting Research Group (PARG), Sprott School of Business, Carleton University, September, 20p.]

Copyright © 2025, François Brouard and Manuel Litalien
The views presented in this document do not represent official positions of the Professional Accounting Research Group (PARG), Sprott School of Business, or Carleton University.

PARG research notes

Professional Accounting Research Group (PARG)
Sprott School of Business, Carleton University
(available at <https://sprott.carleton.ca/parg/videos-notes-papers-and-briefs>)

Appendix A

List of research notes in the food banks series

<i>Province</i>	<i>National / Provincial Association</i>	<i>Main cities (CMA or CA)</i>	<i>Food banks</i>	<i>PARG 2025 - # RN</i>
	Overview			2025-50RN
CAN	Food Banks Canada			2025-51RN
BC	Food Banks BC	Vancouver	Greater Vancouver Food Bank Society	2025-52RN
		Vancouver	Sources Community Resources Society	
		Vancouver	Surrey Food Bank Society	
		Vancouver	Richmond Food Bank	
		Victoria	Mustard Seed Food Bank	
		Kelowna	Central Okanagan Food Bank	
		Abbotsford-Mission	Archway Community Services Society	
AB	Food Banks Alberta	Calgary	The Calgary Food Bank	2025-53RN
		Edmonton	Edmonton's Food Bank	
SK	Food Banks of Saskatchewan	Saskatoon	Saskatoon Food Bank & Learning Centre	2025-54RN
		Regina	Regina & District Food Bank	
MB	Harvest Manitoba	Winnipeg	Harvest Manitoba	2025-55RN
ON	Feed Ontario	Toronto	Daily Bread Food Bank	2025-56RN
		Toronto	Food Banks Mississauga	
		Toronto	Kerr Street Community Services	
		Toronto	Caledon Community Services	
		Ottawa	The Ottawa Food Bank	
		Hamilton	Burlington Food Bank	
		Kitchener-Cambridge-Waterloo	The Food Bank of Waterloo Region	
		London	London and Area Food Bank	
		St. Catharines-Niagara	Project Share	
QC	Banques alimentaires du Québec / Food Banks of Québec	Montréal	Moisson Montréal	2025-57RN
		Montréal	Moisson Rive-Sud	
		Montréal	Centre de bénévolat et Moisson Laval	
		Gatineau	Moisson Outaouais	
		Quebec	Moisson Québec	
NB	Feed/Nourrir NB (Formerly Food Depot Alimentaire)	Moncton	Peter McKee Community Centre	2025-58RN
		Saint John	Outflow Ministry	
		Fredericton	Greener Village	
NS	Feed Nova Scotia	Halifax	Parker Street food & Furniture Bank [Community Care Network Society]	2025-59RN
PE	P.E.I. Association of Food Banks (The Upper Room Hospitality Ministry)	Charlottetown	-	2025-60RN
NL	Community Food Sharing Association	St. John's	Bridges to Hope Food Bank	2025-61RN