





Philanthropie et sécurité alimentaire: nourrir les territoires

Université du Québec à Montréal (UQAM)
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Structure de la présentation

- Introduction
- Pauvreté et insécurité alimentaire
- Description du territoire canadien
- Études sur les banques alimentaires
- Tensions entre aide d'urgence et transformation structurelle
- Conclusion

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Introduction Double problématique - géographie

- Dimension géographique
 - Nord vs Sud
 - Rural vs Urbain
 - Périphérique/Arrière-pays vs Cœur du pays
 - Éloignement (Éloigné/Isolé vs Non-éloigné)

Rapport CORNPhil /Philab (62p.):
Definitions of Northern / Rural / Remote / Peripheric Communities in a Philanthropic Context, February 2023

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Introduction Double problématique - alimentation

- Dimension philanthropie alimentaire
 - Problématique de la pauvreté
 - Défi de sécurité alimentaire
 - Banque alimentaire, une solution

Reports PARG / Philab (357p.):
Food Banks Finances in Canada, August 2025

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Pauvreté et insécurité alimentaire

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Pauvreté et insécurité alimentaire Contexte et problème

- Problème de pauvreté
- *Poverty Report Cards* (low scores C-D)
 - 2024: National D-; Prov: 8 ~D + 2 ~C
 - QC: 2023 = B-; 2024 = C+
 - ON: 2023 = D-; 2024 = D-
- Banques alimentaires dans les nouvelles
- Banque alimentaire = une (mais pas la) solution

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Pauvreté et insécurité alimentaire
Poverty Report Cards

Poverty Report Cards Overall Score

Province		Score 2023	Score 2024	2023 vs 2024
Canada (National)	CAN	D+	D-	↓
British Columbia	BC	D+	D+	→
Alberta	AB	D	D-	↓
Saskatchewan	SK	D	D-	↓
Manitoba	MB	C-	D-	↓
Ontario	ON	D-	D-	→
Quebec	QC	B-	C+	↓
New Brunswick	NB	D-	D-	→
Nova Scotia	NS	F	D-	↑
Prince Edward Island	PE	C-	C-	→
Newfoundland and Labrador	NL	D-	D-	→

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Pauvreté et insécurité alimentaire
Poverty Report Cards - Québec

Poverty Report Cards Overall + Components Score

Province		Score 2023	Score 2024	2023 vs 2024
Overall - Québec	QC	B-	C+	↓
Experience of poverty		C	D+	↓
Poverty measures		B+	B-	↓
Material deprivation		D+	C	↑
Legislative progress		B	B	→

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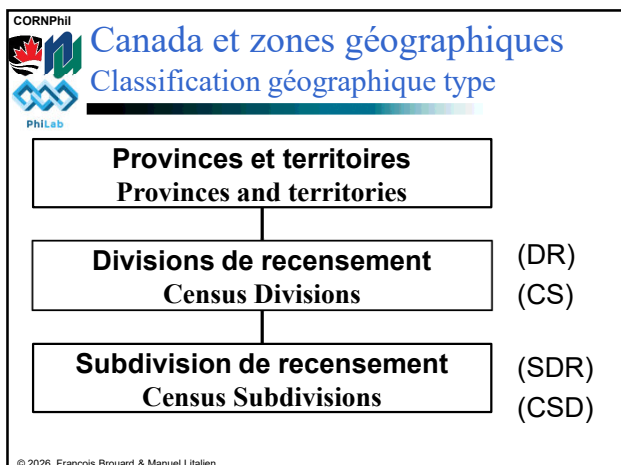
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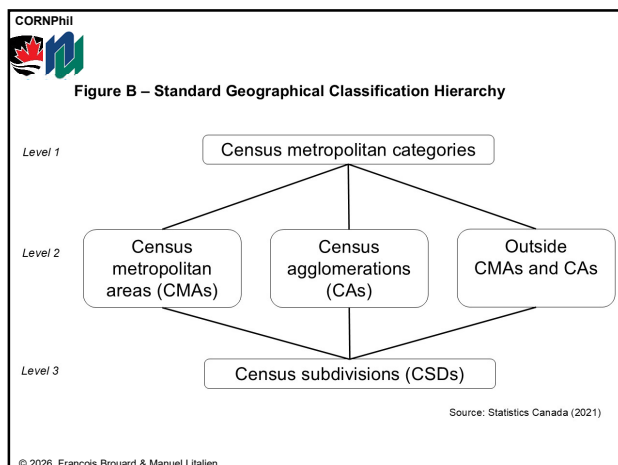
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- Description du territoire canadien**
Plusieurs concepts
- Description du territoire canadien
 - Concepts de Statistique Canada
 - RMR/CMA, AR/CA, DR/CS, SDR/CSD
 - CTRPOP/POPCTR
 - Autres concepts
 - Rural vs Urbain
 - Nord (Nordicité) vs Sud
 - Périphérique / Arrière-pays (Hinterland) vs Cœur du pays (Heartland)
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- *Objective: Need for better understanding of the financial pictures and mapping of food banks in Canada*
- 12 reports (357p.)
 - Overview
 - Canada – National
 - Provinces (10) (cities (24), food banks (31))

<https://sprott.carleton.ca/parg/>

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- RQ1: How many food banks exist in Canada and how many registered charities operate a food bank in Canada?
- RQ2: Who are the national / provincial food banks association in Canada?
- RQ3: What are the food banks in major cities in Canada?
- RQ4: What are the finances of the national / provincial associations and food banks in major cities in Canada?

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- Provinces (10)
Level 2
- Cities (CMA, CA, CSD) (24)
Census subdivisions (CSDs)
Source: Statistics Canada
 - Statistics Canada (CMA pop. > 100,000)
- Associations (11)
 - Food Bank Canada
 - Provincial food bank associations
- Sources of information (T3010 CRA)
 - T3010 from Charitydata.ca charitydata BUMBLE
- Food banks (31)

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```

graph LR
    subgraph Canada
        direction TB
        subgraph Provinces
            A[Identify provincial food banks associations]
        end
        subgraph CMA_CA[CMA/CA]
            B[Identify CMA & CA per province]
        end
        subgraph Cities
            C[Identify CSD for largest cities (in selected CMA or CA)]
        end
    end

    A --> B
    B --> C

    subgraph Food_banks [Food banks]
        direction TB
        D[Identify food banks in selected cities]
        E[Rank food banks by assets and revenue]
        F[Select food banks]
    end

    C --> D
    D --> E
    E --> F

    A -- Sources --> S1([Food Banks Canada])
    B -- Sources --> S2([Statistics Canada])
    C -- Sources --> S3([Statistics Canada])
    D -- Sources --> S4([Provincial Associations  
and  
Food Banks Canada])
    E -- Sources --> S5([Charitydata  
and  
Canada Revenue Agency])
    F -- Sources --> S6([Data collection of food banks])
  
```

Note: CMA = Census metropolitan areas; CA = Census agglomerations; CSD = Census subdivisions

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	CMA name	Population 2021	CMA name	Population 2021
➡	Toronto	6,202,225	Barrie	212,856
➡	Ottawa-Gatineau (Ontario part)	1,135,014	Kingston	172,546
	Hamilton	785,184	Greater / Grand Sudbury	170,605
	Kitchener- Cambridge- Waterloo	575,847	Guelph	165,588
	London	543,551	Brantford	144,162
	St. Catharines- Niagara	433,604	Peterborough	128,624
	Windsor	422,630	Thunder Bay	123,258
	Oshawa	415,311	Belleville-Quinte West	111,184

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Methodology
 Statistics Canada – Toronto – CMA
 PhilLab

List of CSD in CMA

Census subdivision (CSD) name	Population 2021	Census subdivision (CSD) name	Population 2021
Toronto	2,794,356	Halton Hills	62,951
Mississauga	717,961	Aurora	62,057
Brampton	656,480	Whitchurch-Stouffville	49,864
Markham	338,503	Georgina	47,642
Vaughan	323,103	New Tecumseth	43,948
Oakville	213,759	Bradford West	42,880
		Gwillimbury	
Richmond Hill	202,022	East Gwillimbury	34,637
Milton	132,979	Orangeville	30,167
Ajax	126,666	King	27,333
Pickering	99,186	Uxbridge	21,556
Newmarket	87,942	Mono	9,421
Caledon	76,581	Chippewas of Georgina Island First Nation	231

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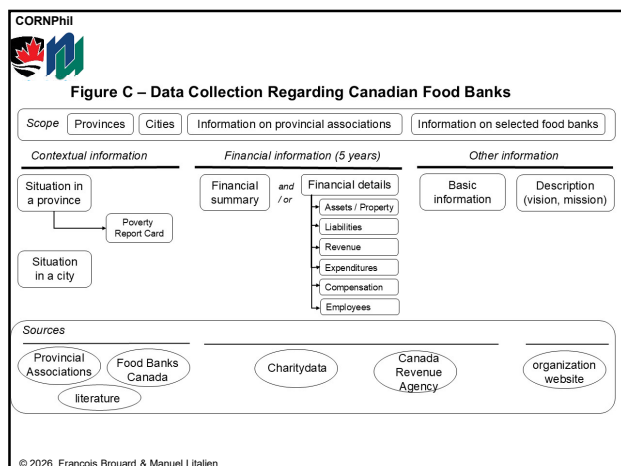
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Methodology
 Statistics Canada – Toronto - CMA
 PhilLab

List of food banks

Food bank	City	CRA #	Year	Total Assets 4200	Total Revenue 4700
Daily Bread Food Bank	Toronto	118861549 RR0001	2023	42,539,077	67,739,448
Kerr Street Community Services	Oakville	897106845 RR0001	2022	8,469,308	3,763,951
Caledon Community Services - The Exchange	Caledon	129569182 RR0001	2023	8,423,526	9,339,170
Food Banks Mississauga	Mississauga	118927011 RR0001	2022	7,530,593	20,204,654
Knights Table [Brampton 9235 Outreach Corp]	Brampton	132503731 RR0001	2023	3,476,830	13,723,072
North York Harvest Food Bank	Toronto	119062495 RR0001	2022	2,896,655	5,419,729
Orangeville Food Bank	Orangeville	139418313 RR0001	2023	2,870,919	996,403
Newmarket Food Pantry	Newmarket	869850040 RR0001	2022	2,565,928	2,081,957
The Food Bank of York Region	Vaughan	849539473 RR0001	2022	1,533,824	7,855,563
Markham Food Bank	Markham	890846066 RR0001	2023	1,428,011	3,259,527
Georgetown Bread Basket	Halton Hills	881229561 RR0001	2022	1,141,418	417,481
Richmond Hill Community Food Bank	Richmond Hill	890180391 RR0001	2022	1,088,254	670,720
Aurora Food Pantry	Aurora	801045584 RR0001	2022	1,079,494	493,622
Helping Hand Food Bank - Bradford	Bradford West Gwillimbury	890798994 RR0001	2022	976,640	447,213
The Salvation Army KHI Community-Milton*	Milton	-			
Uxbridge Loaves & Fishes Food Bank	Uxbridge	-			

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Food banks
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Definition

- « A food bank is a nonprofit organization that collects safe, nutritious and culturally appropriate food, and redistributes it to individuals and families experiencing food insecurity. » (Tang, 2020)

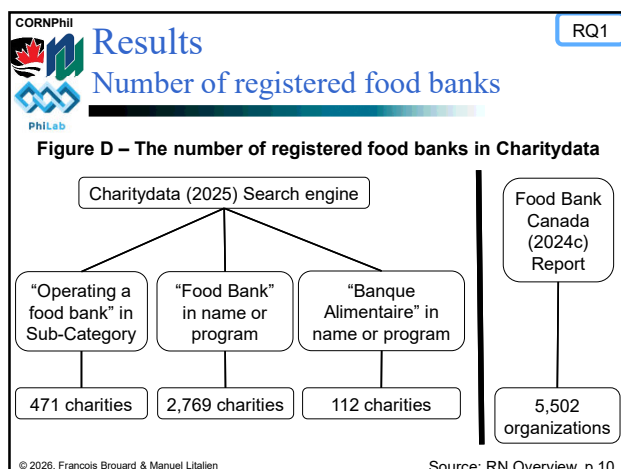
Food banks

- Food distribution
- Food programs / delivery

Source: Overview, p.9-10

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Results
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National and Provincial Associations

Province	Association
Canada (National)	CAN Food Banks Canada / Banques alimentaires Canada
British Columbia	BC Food Banks BC
Alberta	AB Food Banks Alberta
Saskatchewan	SK Food Banks of Saskatchewan
Manitoba	MB Harvest Manitoba
Ontario	ON Feed Ontario
Québec	QC Banques alimentaires du Québec / Food Banks of Quebec
New Brunswick	NB Food Depot Alimentaire
Nova Scotia	NS Feed Nova Scotia
Prince Edward Island	PE P.E.I. Association of Food Banks
Newfoundland and Labrador	NL Community Food Sharing Association

Source: Food Banks Canada (2025a)

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CORNPhil **Results** **Emerging patterns** ~RQ3

PhilLab

- Large distribution centres + multiple local food banks
- Multiple local food banks
- Multi-service community acting as a food bank
- Mainly provincial association (limited local food banks)

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CORNPhil **Results** **Large distribution centres + multiple local**

PhilLab

Province	Largest CMA	Number of CMA	Number of Largest Food Banks
ON	Toronto	6/16	9
BC	Vancouver	4/7	7
QC	Montréal	3/7	5

The food bank system consists of **one** large distribution centres and **multiple local** food banks within cities.

Example: Moisson Rive-Sud (QC) > regional distributor > supplies local food banks and community in Montréal

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CORNPhil **Results** **Multiple local food banks**

PhilLab

Province	Largest CMA	Number of CMA	Number of Largest Food Banks
AB	Calgary	2/4	2
SK	Saskatoon	2/2	2

The food bank system consists of **one** provincial association alongside **several smaller**, community-level food banks that operate independently within cities.

Example: The Calgary Food Bank / Edmonton's Food Bank

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CORNPhil **Results** **Multi-service community organizations**

PhilLab

Province	Largest CMA	Number of CMA	Number of Largest Food Banks
NB	Moncton	3/3	3
NS	Halifax	1/1	1
NL	St. John's	1/1	1

Examples of community-based organizations

Community care networks / community centres: Parker Street Food & Furniture Bank (NS), Peter McKee Community Centre (NB)

Learning centre: Saskatoon Food Bank & Learning Centre (SK)

Faith-based organization (church-based): Mustard Seed Food Bank (BC)

Volunteer organization: Centre de bénévolat et Moisson Laval (QC)

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CORNPhil **Results** **Mainly provincial food association**

PhilLab

Province	Largest CMA	Number of CMA	Number of Largest Food Banks
MB	Winnipeg	1/1	1
PE	Charlottetown (CA)	1 CA	-

Provincial association itself acts as the main food bank in the province, without a more limited network of independent local food banks

Examples: Harvest Manitoba

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CORNPhil **Results** **Largest food banks** RQ4

PhilLab

Province	Largest Food Bank	Year	Total Assets	Total Revenue
BC	Greater Vancouver Food Bank Society	2024	39,625,650	42,200,523
AB	Calgary Food Bank	2024	45,775,365	67,270,365
SK	Saskatoon Food Bank	2024	13,912,034	4,767,729
MB	Harvest Manitoba (provincial association)	2024	16,134,309	11,586,245
ON	Daily Bread Food Bank	2024	40,038,472	84,599,407
QC	Moisson Montréal	2024	20,751,514	169,345,534
NB	Greener Village (community centre)	2023	4,716,958	4,249,924
NS	Parker Street (community centre)	2024	3,041,218	2,196,004
PE	P.E.I. Food Banks (provincial association)	2024	2,834,440	926,487
NL	Bridges to Hope Food Bank	2024	985,231	789,352

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Tensions – urgence vs transformation



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Tensions – urgence vs long terme Aide d'urgence vs transformation



- Philosophie: Philanthropie vs justice sociale
 - Dons, bénévolat
 - Droit fondamental
- Besoins immédiats vs causes profondes
- Sécurité alimentaire ou sécurité du revenu?
- Transformation structurelle (revenu garanti, logement, salaire viable)

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Tensions – urgence vs long terme Solution temporaire vs politiques



- Filet de sécurité temporaire vs institution permanente
 - Banques alimentaires compensent les lacunes des politiques publiques
 - Solution ou mécanisme d'adaptation à l'échec des politiques sociales
- Innovation sociale vs réforme politique
- Philanthropie privée vs responsabilité de l'État

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Tensions – urgence vs long terme Paradoxe du succès des banques aliment.



- Effet paradoxal de la réussite des banques alimentaires
 - Diminuant les réformes gouvernementales
- Croissance de la demande malgré l'augmentation des ressources

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Conclusion



- Pauvreté = défi complexe
- Diverses définitions du territoire canadien
- Banque alimentaire (BA) = partie de la (pas la) solution
- Différentes structures des BA dans les provinces / régions canadiennes
- Variation dans les ressources disponibles

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Consortium of Rural and Northern Philanthropy

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Consortium de la philanthropie rurale et de la nordicité

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