My name is Matthew Sorley and I’m an Instructor with the Department of Psychology. I’m looking forward to working with you and exploring our mutual interest in what makes people tick. Psychology is the scientific study of our thoughts, feelings, and behaviours. In PSYC 1001, we examine the role of psychology as a natural science. A focus is placed on the mind and the examination of what it means to be human. You’ll learn about how we come to learn, think, remember, experience consciousness, and process the sights and sounds of the world around us.

Overall, this course will help you to apply psychological principles to everyday situations and to be critical in the attempt. You will develop a deeper understanding of yourself and others. This course also provides an initial opportunity to consider how psychological research questions are created and explored. Psychology is a dynamic and fascinating science...and we’re going to have some fun with it!

If you decide to register in this section, know that I’m excited to be working with you. However, it’s worth mentioning that class will take place in one of Carleton’s large lecture halls. If this type of environment isn’t for you, the Department of Psychology offers Introduction to Psychology sections that are completely online, and smaller sections for PSYC-majors only that include weekly tutorials. Choose the format that best matches your preferences.

No matter the format, after completing PSYC 1001, you will have satisfied the prerequisite for PSYC 1002: Introduction to Psychology II. Both PSYC 1001 and 1002 must be completed before you can move on to 2nd-year courses in PSYC.
Learning will be assessed using a variety of examinations and participation in psychological research. An emphasis will be placed on your ability to think about and work with the material, rather than just memorize information.