

## COURSE NAME AND CODE

<b>Course</b>	Community Mental Health and Well-Being/PSYC4330
<b>Instructor</b>	Dr. Joanna Pozzulo
<b>Term</b>	F/W
<b>Email Address</b>	Joanna.pozzulo@carleton.ca
<b>Office Location</b>	Loeb B552
<b>Office Hours</b>	Wed. 1:00pm-2:00pm

## COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course focuses on applying concepts of mental health and well-being to the various student services Carleton offers. You will be able to take what you have learned in the seminar portion of the course and apply it to one of the approved placements for the duration of the course. Applying your academic knowledge is known as experiential learning.

You will have an opportunity to engage with the discipline outside the classroom to develop your professional skills that are associated with success in the workplace and increase your awareness of and sensitivity to the mental health and well-being of those around you.

The seminar portion of the course will take place in the virtual classroom 3 hours a week at the designated time. The experiential learning portion will take place in an approved service department for 3 hours a week (this might be done remotely depending on the covid situation) at a time that may vary from the specified class time.

## EVALUATION

Attendance, participation, and active engagement	20%
Reflection papers (1% each; 10 papers required)	10%
Supervisor's mid-year evaluation	20%

Supervisor's final evaluation	30%
Debriefing report	10%
Roundtable discussion	10%

**TEXT**

N/A