

PSYC 1001B: INTRODUCTION TO PSYCHOLOGY I

Course	PSYC 1001B: Introduction to Psychology I
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Term	Fall 2020
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COURSE DESCRIPTION/INSTRUCTORS STATEMENT

Note: This section is reserved for PSYC majors.

My name is [Matthew Sorley](#) and I'm an Instructor with the Department of Psychology. I'm looking forward to working with you and exploring our mutual interest in what makes people tick. Psychology is the scientific study of our thoughts, feelings, and behaviours. In PSYC 1001, we examine the role of psychology as a natural science. A focus is placed on the mind and the examination of what it means to be human. You'll learn about how we come to learn, think, remember, experience consciousness, and process the sights and sounds of the world around us.

Overall, this course will help you to apply psychological principles to everyday situations and to be critical in the attempt. You will develop a deeper understanding of yourself and others. This course also provides an initial opportunity to consider how psychological research questions are created and explored. Psychology is a dynamic and fascinating science...and we're going to have some fun with it! If you decide to register in this section, know that I'm excited to be working with you.

This course is completely online and available 24 hours a day, 7 days a week. You'll be working with the course material via a series of guided multimedia modules including brief video segments and active learning exercises. An emphasis will be placed on applying the material to specific situations, including those that are personally meaningful.

An online course affords considerable flexibility in terms of where and when you'll connect with the material. However, without the pressure to attend a physical classroom at a specified time, it's natural to procrastinate and this can significantly compromise your success and enjoyment. Know that the course is structured such that it is very difficult to succeed unless you are working on a consistent basis throughout term. Therefore, be thoughtful in making the decision

on whether the course is right for you. Numerous tips for succeeding in an online course will be offered early on and throughout term.

After successfully completing PSYC 1001, you will have satisfied the prerequisite for *PSYC 1002: Introduction to Psychology II*. Both PSYC 1001 and 1002 must be completed before you can move on to 2nd-year courses in PSYC.

EVALUATION

Learning will be assessed using a variety of quizzes, active learning exercises, and participation in psychological research. An emphasis will be placed on your ability to think about and work with the material, rather than just memorize information.

TEXT

Weiten, W., & McCann, D. (2019). *Psychology: Themes and variations* (5th Canadian edition). Toronto: Nelson Education. Custom edition. ISBN: 9780176869380. To reduce costs, the Carleton bookstore offers a loose-leaf version and a digital eTextbook bundled together at a discount. The loose-leaf text fits in a 3-ring binder and this makes it easy to carry around only the chapters you need.