

WEBSITE TEMPLATE

Course	PSYC 4801 A Occupational Health Psychology
Instructor	Kathryne Dupré
Term	Fall
Email Address	Kathryne.Dupre@carleton.ca
Office Location	A515 Loeb
Office Hours	TBA

COURSE DESCRIPTION/INSTRUCTORS STATEMENT

Occupational Health Psychology (OHP) is one of the most widely researched areas within the work domain; it is an emerging field that focuses on applying psychology to improve the quality of work life, and to enhance the health, safety and well-being of employees and their families. OHP is an interdisciplinary field involving researchers in many areas of psychology (e.g., industrial-organizational, social, clinical) as well as those in other fields such as public/occupational health and medicine. In this course, theories and empirical research that focus on the effects of the workplace on employees' health and wellbeing are discussed. Moreover, occupational health and safety situations are analyzed, and potential solutions identified.

This 3-hour seminar will take place using a combination of asynchronous activities (e.g., pre-recorded presentations, videos) and synchronous class meetings (including full class discussion, and smaller break-out group discussions). The course instructor will be available for virtual meetings and office hours.

EVALUATION

Evaluation in this course will be based on participation, presentations, and written assignments.

TEXT

Students will be provided with a reading list.