

PSYC 5800 G - INTRODUCTION TO CLINICAL SKILLS AND THE HELPING PROFESSIONS

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| Course | Introduction to Clinical Skills and the Helping Professions |
| Instructor | Dr. Kim Lassiter |
| Term | Fall 2019 |
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| Office Location | TBA |
| Office Hours | TBA |

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

The purpose of this course is to take senior undergraduates and beginning graduate students a step beyond "Clinical Psychology and Mental Illness" (formerly known as "Abnormal Psychology", PSYC 3604) to provide an introduction to the acquisition and application of clinical skills. This experience will demystify those activities and provide students with a realistic overview of the training and responsibilities involved in the discipline of professional clinical psychology. In addition to honing interpersonal skills that will benefit them regardless of their career path, this course will provide experience and data to inform their career decisions. The course is designed to be highly interactive and participatory; active student involvement is required and students will have the opportunity to engage in role-plays and scenarios of clinical cases at selected points in the course to aid the initial development of basic clinical and counselling skills.

EVALUATION

- Role play exercises: clinical skills 15%
- Reflection assignments 15%
- Clinical case study: assessment of client needs 25%
- Term Paper 35%
 - Undergraduate students: 15-20 pages plus references
 - Graduate students: 20-25 pages plus references
- Class participation (including self-assessment) 10%

TEXT

Hill, Clara (2014). *Helping Skills*, 4th edition. United States: American Psychological Association.
ISBN: 978-1-4338-1678-9