

PSYC 1002 J : INTRODUCTION TO PSYCHOLOGY II

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Term	Winter 2026
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COURSE DESCRIPTION/INSTRUCTORS STATEMENT

Welcome to Introduction to Psychology! This course is intended to provide a broad overview of the concepts, theories and research in the exciting science of psychology. As you will soon learn, psychology is a relatively new discipline that has grown tremendously over the last 100 years. Throughout this time psychologists have been interested in explaining behaviour and discovering the processes of how the human mind works. Together we will embark on a journey of exploration and how we think, feel and act the way we do. Psychology encompasses many diverse areas of study, each attempting to answer questions like: What is personality? How do we treat mental illness? Successful completion of this course requires a willingness to learn the language and methods used by psychologists in answering the above questions and more. Furthermore, it will give you the tools to critically think and evaluate the various present-day discussions and issues that have to do with tendencies of human behaviours and the functioning of the human mind.

EVALUATION

Item	Date	Weight of grade
Research Participation through SONA (Bonus)=5%	throughout the term	4 % + 1
Midterm 1	TBD	25 %
Midterm 2	TBD	25 %
Final Exam	During the exam period	46%
TOTAL		101 %

TEXT

McCann, D., Weiten, W., Matheson, D. H., & Wright, S. (2026). Psychology: Themes and Variations. Seventh Canadian Edition. Nelson Education Ltd.