PSYC 1001 L: INTRODUCTION TO PSYCHOLOGY I

Instructor	Lorena Ruci, PhD		
Term	Winter 2024		
Course Delivery	In Person		
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Office Location	TBA		
Office Hours	TBA		

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Welcome to Introduction to Psychology! This course is intended to provide a broad overview of the concepts, theories and research in the exciting science of psychology. As you will soon learn, psychology is a relatively new discipline that has grown tremendously over the last 100 years. Throughout this time psychologists have been interested in explaining behaviour and discovering the processes of how the human mind works. Together we will embark on a journey of exploration and how we think, feel and act the way we do. Psychology encompasses many diverse areas of study, each attempting to answer questions like: How do the workings of the brain affect the mind? How does human memory work? What is learning and how can we enhance it? Successful completion of this course requires a willingness to learn the language and methods used by psychologists in answering the above questions and more. Furthermore, it will give you the tools to critically think and evaluate the various present-day discussions and issues that have to do with tendencies of human behaviours and the functioning of the human mind

EVALUATION

Item	Date		Weight of grade
Research Participation through SONA		throughout the term	4%
Midterm 1	TBD		28%
Midterm 2	TBD		28%
Final Exam	During	g the exam period	40%

TEXT

McCann, D., Weiten, W., & Hunt-Matheson, D. (2022). Psychology: Themes and Variations. Sixth Canadian Edition. Cengage Canada. ISBN: 9781774747773

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