

PSYC 1001 L : INTRODUCTION TO PSYCHOLOGY I

Instructor	Kim O'Neil
Term	Winter 2026
Course Delivery	Asynchronous Lectures, Synchronous Exams
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Office Location	Virtual
Office Hours	Online

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

The overall purpose of this course is to introduce students to the field of psychology as a social science. Using lectures, class discussions and films, students will have an opportunity to survey psychological research related to biology and the brain, sensation and perception, states of consciousness, learning, memory and more. We will examine research being conducted in psychology and the application of that research in the real world. This course is designed for those students considering careers in the discipline of psychology, as well as those students generally interested in the course content. The course is also geared to provide you with the opportunity to prepare yourselves for material covered in other psychology courses.

EVALUATION (SUBJECT TO CHANGE)

Online Quizzes (35%)

Assignment (16%)

Research Participation (4%)

Bonus Research Participation (1%)

On Campus Final Exam – M/C (45%)

TEXT

McCann, D., Weiten, W., & Matheson, D. (2025). Psychology: Themes and Variations. Seventh Canadian Edition. Cengage Learning Canada. ISBN:9781778414121