

PSYC 1002 E : INTRODUCTION TO PSYCHOLOGY II

Instructor	Christopher Motz
Term	Winter 2026
Course Delivery	This course is being delivered in person. Exams will be conducted in person.
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Office Location	A824 Loeb
Office Hours	Refer to syllabus for office hours information

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Welcome to the fascinating world of Psychology! I am looking forward to spending the semester discussing my favourite topic (Psychology) with you. The overall purpose of this course is to introduce students to the field of psychology as a science. Introductory Psychology has been divided into two one-semester courses (1001 & 1002), and in each semester, we will examine half of the sub-fields within psychology. The immediate goal is to provide students with an opportunity to survey psychological research related to human development, motivation, emotion, personality, social interaction, mental illness, stress and health, and therapy. One of our main objectives will be to focus on recent research being conducted in psychology and on the application of that research in the real world. This course is designed for students considering careers in the discipline of psychology, as well as those students generally interested in understanding human behaviour. The overall guiding philosophy of the course, however, is that students who will someday conduct psychological research need a practical introduction to some of the primary areas of psychological research, and this course aims to provide you with the opportunity to obtain that practical introduction. The course is designed to follow from, and build upon, our learning in 1001, as well as prepare you for more advanced branching courses (including a thesis in the area if your major is psychology). The prerequisite for this course is PSYC 1001.

EVALUATION

Evaluation Component	Weight
Midterm One	25%
Midterm Two	25%
Final Exam	45%
Syllabus Quiz	1%
Research Participation	5%
Total = 101%	

TEXT

McCann, D., Weiten, W., Hunt-Matheson, D., & Wright, S. (2026). Psychology: Themes and Variations. Seventh Canadian Edition. Cengage Canada.

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