

## PSYC 1002 D : INTRODUCTION TO PSYCHOLOGY II

|                 |  |
|-----------------|--|
| Instructor      | Lindsay Richardson   |
| Term            | Winter 2025  |
| Course Delivery | In Person (Blended)  |
| Email Address   | <a href="mailto:lindsayrichardson@cunet.carleton.ca">lindsayrichardson@cunet.carleton.ca</a> |
| Office Location | 410c Dunton Tower  |
| Office Hours    | By appointment (via Zoom or in person)   |

### COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Throughout this twelve-week course, students will systematically examine the fundamental aspects of Psychology as a scientific discipline, earning .5 credits towards their degree. This learner-centered course is structured around developing an introductory understanding of a wide variety of psychological phenomena, including motivation, stress, and psychological disorders, with an emphasis on growth mindset and the science of success.

Students will engage critically with research methods, explore scientific literature, and learn to construct arguments based on a synthesis of complex information. The course emphasizes analytical skills, enabling students to discern scientific evidence from misconceptions.

The curriculum is designed to advance students' critical thinking and ethical reasoning skills, essential for further studies in psychology and other fields. Assignments and content are crafted to apply psychological principles to practical problems and understand the societal implications of psychological phenomena. This course also serves as a preparatory foundation for second-year psychology courses, such as personality, developmental, and social psychology.

### EVALUATION (SUBJECT TO CHANGE)

There are 120 possible points to be earned in this course. Throughout the course, students may choose whatever combination of points they wish to earn points toward their final grade up to a maximum of 100. Once they have earned 100 points in the course, no more points will be awarded. Thus, the maximum number of points any student will earn is 100.

| EVALUATION                          | MAX POINTS | EVALUATION                         | MAX POINTS |
|-------------------------------------|------------|------------------------------------|------------|
| <b>Weekly Evaluations</b>           | <b>28</b>  | <b>CSAS Workshops</b>              | <b>6</b>   |
| Quizzes                             | 24         | CSAS Workshop Completions          | 3          |
| Reflection Posts                    | 0          | CSAS Workshop Reflections          | 3          |
| Responses to Reflections            | 0          | <b>SONA Research Participation</b> | <b>8</b>   |
| Summative Weekly Reflection Wrap Up | 4          | SONA Research Participation        | 4          |

|   |           |                                     |            |
|---|-----------|-------------------------------------|------------|
| <b>FUSION Modules (choose 2 of)</b>             | <b>4</b>  | SONA Research Experience Reflection | 4          |
| Metacognition                                   | 2         | <b>Literature Review</b>            | <b>20</b>  |
| Problem solving                                 | 2         | Literature Review Draft             | 5          |
| Adaptability                                    | 2         | Literature Review Presentation      | 15         |
| Self-management                                 | 2         | <b>Research Proposal</b>            | <b>20</b>  |
| <b>Peer Leadership Demonstration (pick one)</b> | <b>4</b>  | Research Proposal Abstract          | 5          |
| Peer Leader Role                                | 4         | Research Proposal                   | 15         |
| Difficult Concept Presentation                  | 4         | <b>Success Portfolio</b>            | <b>15</b>  |
| Assignment Creation                             | 4         | <b>Take Home Exam*</b>              | <b>0</b>   |
| <b>Concept Map</b>                              | <b>15</b> | <b>Total</b>                        | <b>120</b> |

*\*The take home exam for this course is a resubmission (addressing feedback) of any assignment worth 15 points.*

## TEXT

Students can purchase (or borrow) the following textbook:

McCann, D., Weiten, W., & Matheson, D. (2022). Psychology: Themes and Variations. Sixth Canadian Edition. Cengage Learning Canada. ISBN: 9781774747773