

PSYC 1002 M : INTRODUCTION TO PSYCHOLOGY I

Instructor	Lindsay Richardson
Term	Fall 2024
Course Delivery	Online – Asynchronous
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Office Location	410c Dunton Tower
Office Hours	By appointment (via Zoom or in person)

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Throughout this twelve-week course, students will systematically examine the fundamental aspects of Psychology as a scientific discipline, earning .5 credits towards their degree. This learner-centered course is structured around developing an introductory understanding of a wide variety of psychological phenomena, including motivation, stress, and psychological disorders, with an emphasis on growth mindset and the science of success.

Students will engage critically with research methods, delve into scientific literature, and learn to construct arguments based on a synthesis of complex information. The course emphasizes analytical skills, enabling students to discern scientific evidence from misconceptions.

The curriculum is designed to advance students' critical thinking and ethical reasoning skills, essential for further studies in psychology and other fields. Assignments and content are crafted to apply psychological principles to practical problems and understand the societal implications of psychological phenomena. This course also serves as a preparatory foundation for second-year psychology courses, such as personality, developmental, and social psychology.

EVALUATION (SUBJECT TO CHANGE)

There are 120 possible points to be earned in this course. Throughout the course, students may choose whatever combination of points they wish to earn points toward their final grade up to a maximum of 100. Once they have earned 100 points in the course, no more points will be awarded. Thus, the maximum number of points any student will earn is 100.

EVALUATION	MAX POINTS	EVALUATION	MAX POINTS
Weekly Evaluations	40	CSAS Workshops	6
Quizzes	16	CSAS Workshop Completions	3
Reflection Posts	8	CSAS Workshop Reflections	3
Responses to reflections	8	SONA Research Participation	8
Group wrap-ups summarizing reflections	8	SONA Research Participation	4

FUSION Modules	4	SONA Research Experience Reflection	4
Metacognition	4	Literature Review	15
Problem solving	2	Literature Review Draft	5
Adaptability	2	Literature Review Presentation	10
Self-management	2	Research Proposal	15
Peer Leadership Demonstration (pick one)	4	Research Proposal Abstract	5
Peer Leader Role	4	Research Proposal	10
Difficult Concept Presentation	4	Concept Map	8
Assignment Creation	4	Success Portfolio (Take-Home Exam)	20
Total			120

TEXT

Students are encourage to purchase (or borrow) the following textbook:

McCann, D., Weiten, W., & Matheson, D. (2022). Psychology: Themes and Variations. Sixth Canadian Edition. Cengage Learning Canada. ISBN: 9781774747773