

PSYC 2600 A: INTRODUCTION TO THE STUDY OF PERSONALITY

Instructor	Dr. Rebecca Sullivan
Term	Late Summer 2026 (July-August)
Course Delivery	Online Unscheduled with in-person assessments
Email Address	BeckySullivan@cunet.carleton.ca
Office Location	Virtual
Office Hours	Virtual by appointment

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Welcome to the Study of Personality 😊!

This course introduces the study of personality, including a survey of major theories, issues, research methods, and findings. The course is organized around the in-depth exploration of major theoretical perspectives, with each lecture focusing on a specific theory. You will explore the factors that contribute to people's personality and how they interact with others. Topics include traits, motives, the self, physiology, the unconscious, relationships, stress, and coping.

There will be a mix of scheduled (Thurs 18:05-20:55) and unscheduled virtual lectures. In-person campus presence is required for the midterm and final exam. In addition to in-person assessments, you will complete engaging, practical application assignments (to be completed both individually and in groups). These are designed to bring the material to life and allow you to practically apply the principles of personality psychology to real-world scenarios. I especially encourage the application of content to your own lived experience!

EVALUATION (SUBJECT TO CHANGE)

Midterm and Final Exam (70%)

Assignments (30%)

TEXT

Textbook is not required but is recommended.

Pervin, D.C.L. A. (2022). Personality: Theory and Research (15th ed.). Wiley Global Education US. <https://bookshelf.vitalsource.com/books/9781119891635>