

PSYC 2600 B : INTRODUCTION TO THE STUDY OF PERSONALITY

Instructor	Lorena Ruci
Term	Winter 2025
Course Delivery	Virtual Asynchronous
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Office Hours	ONLINE

COURSE DESCRIPTION/INSTRUCTORS STATEMENT

Welcome to the fascinating world of personality! In this course, we will be exploring how each of us is “like all other people, like some other people, and like no one else”. The course (and text) is organized around six important domains of knowledge (dispositional, biological, intrapsychic, cognitive/experiential, social-cultural, adjustment). We will explore and contrast these domains of knowledge through readings in the text, lectures, class discussions, and multimedia resources, covering topics as diverse as genetics, traits, gender, culture, the self, motives, emotions, stress, the environment, and health. I hope you will also develop an appreciation for individual differences and aspects of your own self for continued reflection and exploration.

EVALUATION (SUBJECT TO CHANGE)

Midterm # 1: 30 %, Date: TBD

Midterm # 2: 30 %, Date: TBD

Final exam: 40 %, Date: TBD

TEXT

Personality Psychology: Domains of Knowledge about Human Nature (2023). **3rd Canadian Edition**. By Larsen, R., & Buss, D., & King, D. McGraw Hill Ryerson Ltd.