

PSYC 3300 A : HEALTH AND ILLNESS (HONOURS SEMINAR)

Instructor	Dr. Kathryne Dupré
Term	Fall 2024/Winter 2025
Course Delivery	In-Person
Email Address	Kathryne.Dupre@carleton.ca
Office Location	Loeb A515
Office Hours	TBA

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course is designed to provide students with an understanding of psychological research and the skills needed to conduct it effectively. Students will gain proficiency in various aspects of research, enabling them to undertake research in various settings (e.g., academia, workplace). Activities include reading and assessing literature, developing research questions, locating evidence to answer questions, designing studies, conducting data analyses, producing research papers, and engaging in knowledge translation activities. While this course provides general research skills that facilitate research across all areas of psychology, it also provides the opportunity for an in-depth study of topics in health psychology. A variety of health psychology areas of research will be focused on such as how stress, relationships, work, and environmental issues are associated with health.

The seminar component of this course will involve in-person class meetings that will typically take the form of a discussion (or student presentations) on topics related to health psychology. Students will be required to do a significant amount of reading and thinking (and some writing) before class, and to engage in active discussion during class. These discussions will allow students to develop a deeper understanding of current theory, research, and methods. The lab component of this course will involve in-person activities that focus largely on the technical skills necessary for conducting research and writing up findings. These lab sessions will facilitate completion of some of the course's major requirements (e.g., research assignment). These sessions will also include small assignments (e.g., ethics) to be included in the lab work grade.

EVALUATION (SUBJECT TO CHANGE)

Evaluation in this course will be based on participation, presentations/discussions, written assignments, lab work, and a research project.

TEXT

Students will be provided with a reading list, and will be expected to find and read many articles from Psychology (and related) journals. Additional readings may be assigned throughout the course. Students should refer to The Publication Manual of the American Psychological Association, 7th edition for formatting their assignments.