

PSYC 3300 A: HEALTH HONOURS SEMINAR

Instructor	Rachel Burns
Term	Fall 2025/Winter2026
Course Delivery	Synchronous, in person
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Office Location	Loeb A503
Office Hours	TBA

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Against the backdrop of health psychology, this seminar prepares students to complete an honours capstone project (honours project or honours thesis) in psychology.

The seminar portion of the course largely involves discussing assigned readings. Students are expected to actively participate in these group discussions every week.

The lab portion of the course largely involves completing a year-long research project. The research project will be completed in groups. Given the scope of the research project, lab attendance is required.

Using health psychology research as a platform, students will gain experience locating, evaluating, and orally discussing peer-reviewed literature; developing research questions and hypotheses; designing research studies; considering ethical implications of research; using statistical software (SPSS) to organize and analyze data; writing an APA-style research report; and giving research presentations.

EVALUATION (SUBJECT TO CHANGE)

This is a writing intensive and discussion intensive course. Evaluation is based on writing assignments, participation in weekly seminar discussions, leading discussions, lab work, quizzes, and presentations.

TEXT

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). Washington, DC: American Psychological Association.

Additional readings will be made available on the course website.