

## COURSE: PSYC 3300 B - HEALTH (HONOURS SEMINAR)

<b>Instructor</b>	Brent Bezo
<b>Term</b>	Fall 2023 – Winter 2024
<b>Course Delivery</b>	Online, Blended
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<b>Office Location</b>	Online
<b>Office Hours</b>	TBD

### COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This online course is designed to be very interactive and learn 'hands on' in terms of both the course and lab instruction and will also provide many opportunities in 'real time' for one-on-one instruction/consultation to help students achieve their goals in completing assigned course work.

This course has two main goals. First, the course will explore health and illness research to learn more about the impact of psychosocial factors on physical health and illness in a seminar-style course. To meet this goal, the course will meet during scheduled class times (online via Zoom) to discuss assigned research articles. The second main goal of this course is to help prepare students to complete an honours thesis in psychology. To meet this second goal, the course will involve developing and completing a quantitative research project (i.e., developing hypotheses and a research design, conducting data analysis, writing an APA-style research report, etc.) in the field of health psychology.

As noted, this course will be online and 'hands on.' In this regard, the seminar (i.e., class time) and lab portions of this course will be blended, but mostly synchronous. Attendance and participation in the synchronous portions of this course (i.e., both seminars and labs) are required, so please ensure that you have a good internet connection and are available during our scheduled meeting times. As part of the interactive approach to this course, the instructor is able to look at sections from students' draft assignments to give feedback, in a reciprocal way and in real time, before due dates.

### EVALUATION (SUBJECT TO CHANGE)

Course evaluation will consist of attendance and participation in weekly seminars and lab times, as well as written assignments (including an APA-style research report). There will be no exams in this course.

## TEXT

American Psychological Association. (2019). *Publication manual of the American Psychological Association* (7th ed.). Washington, DC: American Psychological Association. Please note that this publication is mandatory for the course.