

## PSYC 3509 B : ADOLESCENCE AND EMERGING ADULTHOOD

Instructor	Lisa Menard
Term	Winter 2025
Delivery	In-Person
Email Address	<a href="mailto:lisamenard@cunet.carleton.ca">lisamenard@cunet.carleton.ca</a>
Office Location	TBA
Office Hours	TBA

### COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This survey course provides students with an overview of the biological, social, and cognitive processes that occur during the developmental periods of adolescence and emerging adulthood. Course content will include developmental changes which take place during adolescence, but the focus of the course will be on changes that occur during late adolescence and emerging adulthood. A major goal of the course is for students to critically examine the implications of these changes for growth and development while applying theories and discussions to relevant community/real world events that impact individuals and society.

### EVALUATION

Tentatively, evaluation will consist of:

- Short writing assignments
- Module Quizzes
- Two Midterm Exams – in-person exams during class time
- Final Exam – in-person exam during the Formal Exam Period

### TEXT

Arnett, J. J. (2018). *Adolescence and Emerging Adulthood: A Cultural Approach* (6<sup>th</sup> ed.). Pearson Education, Inc.