

## PSYC 3604 A : CLINICAL PSYCHOLOGY AND MENTAL ILLNESS

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| <b>Instructor</b>      | Dr. Christine Polihronis   |
| <b>Term</b>            | Fall 2024  |
| <b>Course Delivery</b> | Online - Asynchronous  |
| <b>Email Address</b>   | <a href="mailto:christinepolihronis@cunet.carleton.ca">christinepolihronis@cunet.carleton.ca</a> |
| <b>Office Location</b> | Online (Zoom)  |
| <b>Office Hours</b>    | Thursday 3-4pm   |

### COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course will introduce students to theory and research in the broad area of mental illness and clinical psychology. In the course, students will learn about different theoretical perspectives on the organization, diagnosis, and prevalence of mental health disorders. In addition, students will learn about transdiagnostic and disorder-specific etiological and maintenance factors of mental health disorders from a biopsychosocial perspective. Students will also learn about the assessment, prevention, and treatment of mental disorders.

### EVALUATION

Students will be evaluated based on their performance on assignments, quizzes, and a final exam.

### TEXT

- Lalumiere, M.L., Barlow, D. H., Durand, M., & Hofmann, S. G. (2024) *Psychopathology: An Integrative Approach to Understanding, Assessing, and Treating Psychological Disorders*, 7th Edition. Toronto, Ontario, Canada: Cengage Learning.
- Brown, T. A., & Barlow, D. H. (2017). *Casebook in abnormal psychology* (5<sup>th</sup> ed). Boston, MA, United States: Cengage Learning.