

PSYC 4100 B : INTERGENERATIONAL TRAUMA

Instructor	Brent Bezo
Term	Winter 2026
Course Delivery	Online Scheduled (campus presence is not required)
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Office Location	TBD
Office Hours	TBD

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course examines the phenomenon of intergenerational trauma, whereby the impacts of trauma are passed down from generation to generation to affect not only trauma survivors, but also their descendants (i.e., children, grandchildren and beyond). In this context, students will advance their understanding of the adverse impacts of intergenerational trauma on mental and physical health, family functioning, and sociocultural norms through the generations – long after the original traumatic event has passed. Theoretical mechanisms, which help to explain why the impacts of trauma are passed down from generation to generation, along with current research methods in the field, will also be explored. This seminar course is 'online scheduled' which means that the instructor and students will meet in a virtual classroom for live scheduled weekly classes for most weeks in the semester. To help provide more flexibility to students, a few weeks will have asynchronous activities (but the majority of the weeks will be 'live.') Meeting links will be provided through the course management page on Brightspace. The class meeting times will focus on outside readings from journal articles, with the expectation that students will come prepared to discuss and critique these weekly readings.

EVALUATION (SUBJECT TO CHANGE)

Course evaluation will consist of written assignments and class participation. There are no exams in this course.

TEXT

No textbook is required for this course. Other readings (i.e., journal articles) will be assigned.