

PSYC 4301 B : CLINICAL APPROACHES TO ASSESSMENT AND TREATMENT OF SUBSTANCE ABUSE DISORDER

Instructor	Dr. Kim Lassiter
Term	Fall 2024
Course Delivery	In-Person
Email Address	Kim.Lassiter@carleton.ca
Office Location	Virtual over Zoom
Office Hours	By appointment over Zoom

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course is designed to provide senior undergraduate students with an introduction to contemporary best practices in the clinical assessment and psychological treatment of substance use disorders, with a specific focus on the problematic use of alcohol and other drugs. Delivered in person with asynchronous online components, this experience will provide students with a realistic overview of the responsibilities and interventions involved in the **psychosocial** treatment of substance use disorders. Mini lectures are delivered in an asynchronous online format, while during in-person class meetings, students are provided with opportunities for discussion about and practice in relevant skills through discussion and role-play with classmates. Topics include screening and assessment instruments, intervention approaches, and relapse management. The course is designed to be highly interactive and participatory; active student involvement is required, and students will have the opportunity to engage in role-plays and scenarios of clinical cases at selected points in the course to aid the initial development of basic clinical and counselling skills. Attendance at in-person class sessions is required.

EVALUATION

- Presentations (2) 10%
- Clinical case study: assessment 25%
- Report: Harm Reduction 25%
- Clinical case study: treatment plan 25%
- Class engagement (including role-play, group activities, and self-assessment) 15%

TEXT

Herie, Marilyn & Skinner, W.J. Wayne (Eds.)(2014). Fundamentals of Addiction: A practical guide for counsellors, 4th Edition. Centre for Addiction and Mental Health (CAMH). ISBN 978-1-77114-147-5