

## PSYC 4333 B : CLINICAL PSYCHOLOGY - ASSESSMENT AND INTERVENTION

<b>Instructor</b>	Dr. Kim Lassiter
<b>Term</b>	Winter 2026
<b>Course Delivery</b>	Combined in-person with asynchronous online components
<b>Email Address</b>	<a href="mailto:Kim.Lassiter@Carleton.ca">Kim.Lassiter@Carleton.ca</a>
<b>Office Location</b>	No on-campus office
<b>Office Hours</b>	By appointment over Zoom

### COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course is an overview of the professional practice of clinical psychology. Clinical psychology is concerned with understanding the continuum of mental health and psychopathology, providing assessment to accurately diagnose mental health difficulties, and providing mental healthcare interventions to improve quality of life. Together, assessment and intervention are the spine of professional psychological healthcare. In all aspects of their work, clinical healthcare psychologists strive to recognize and honour all forms of diversity and individual differences. Delivered in-person with asynchronous online components, this course is designed to take senior undergraduate psychology students a step beyond "Clinical Psychology and Mental Illness" (PSYC 3604) to learn about contemporary issues and best practices in the psychological assessment of and treatment interventions for common disorders as defined by the DSM-5. Course topics include ethics and codes of professional conduct, assessment instruments and practices, current therapy modalities, and factors common across interventions. Course evaluation is based on student engagement, written assignments, and a group presentation. As an advanced seminar, this course is designed to be highly interactive and participatory; attendance and active student involvement is required.

### EVALUATION

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|------------------------------|-----|
| • Thought Papers (3)         | 9%  |
| • Case study: assessment     | 25% |
| • Case study: intervention   | 25% |
| • Special Topic Presentation | 25% |
| • Class engagement           | 16% |

## TEXT

Andrew M. Pomerantz (2023). *Clinical Psychology: Science, Practice, and Diversity, Sixth Edition*. Sage, Los Angeles. ISBN: 978-1-0718-5195-1.