

## PSYC 5800 I - INTERGENERATIONAL TRAUMA

<b>Course</b>	PSYC 5800 I: Intergenerational Trauma
<b>Instructor</b>	Brent Bezo
<b>Term</b>	Fall 2020
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<b>Office Location</b>	
<b>Office Hours</b>	TBD

### COURSE DESCRIPTION/INSTRUCTORS STATEMENT

This course examines the phenomenon of intergenerational trauma, whereby the impacts of trauma are passed down from generation to generation to affect not only trauma survivors, but also their descendants (i.e., children, grandchildren and beyond). In this context, students will advance their understanding of the adverse impacts of intergenerational trauma on mental and physical health, family functioning, and sociocultural norms through the generations – long after the original traumatic event has passed. Theoretical mechanisms, which help to explain why the impacts of trauma are passed down from generation to generation, along with current research methods in the field, will also be explored. This seminar course will take place in a virtual classroom environment, where the instructor and students will meet once a week online through ‘Big Blue Button,’ which can be accessed through the course management page on CULearn. The class meeting times will focus on outside readings from journal articles each week, with the expectation that students will come prepared to discuss and critique these weekly readings. **During these extraordinary times, as part of the weekly discussions, students may also apply what they have learned from the assigned course readings on intergenerational trauma stemming from past events - to discuss and explain observed and reported current impacts of the COVID-19 pandemic in the world around us - and how these impacts may potentially last through the generations.**

### EVALUATION

Course evaluation will consist of thought papers, a final essay, and class participation (**Students may choose to relate their thought papers to the current COVID-19 pandemic**).

### TEXT

No textbook is required for this course. Other readings (i.e., journal articles) TBD.