

PSYC 5804 B – CLINICAL APPROACHES TO THE ASSESSMENT AND TREATMENT OF SUBSTANCE USE DISORDERS

Course	PSYC 5804 B: Clinical Approaches to the Assessment and Treatment of Substance Use Disorders
Instructor	Dr. Kim Lassiter
Term	202120 – July-August, 2021
Email Address	Kim.Lassiter@Carleton.ca
Office Location	TBA
Office Hours	TBA

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course is designed to provide senior undergraduates and beginning graduate students with an introduction to contemporary best practices in the clinical assessment and psychological treatment of substance use disorders, with a specific focus on the problematic use of alcohol and other drugs. Delivered via both asynchronous and synchronous online components, this experience provides students with a realistic overview of the responsibilities and interventions involved in the psychosocial treatment of substance use disorders. Mini lectures are delivered in an asynchronous format. During synchronous meetings, students are provided with opportunities to role-play assessment interviews and intervention strategies. In addition to role-plays of clinical cases, students write reports to practice case conceptualization and treatment planning skills. Course topics include assessment instruments, diagnostic clinical interviewing, motivational interviewing and CBT techniques, and relapse prevention. The course is designed to be highly interactive and participatory; active student involvement is required.

EVALUATION

- Step presentation 5%
- Clinical case study: assessment 20%
- Clinical case study: intervention 20%
- Literature Review 30% paper, 5% presentation
 - Graduate students: 20-plus pages plus references
- Class engagement (including role-play, small group discussions, two brief presentations on your research topic, self-intro and self-assessment) 20%

TEXT

Herie, Marilyn & Skinner, W.J. Wayne (Eds.)(2014). Fundamentals of Addiction: A practical guide for counsellors, 4th Edition. Centre for Addiction and Mental Health (CAMH). ISBN 978-1-77114-147-5