

PSYC 5804 B – CLINICAL APPROACHES TO THE ASSESSEMENT AND TREATMENT OF SUBSTANCE USE DISORDERS

Course	5804 B: Clinical Approaches to the Assessment and Treatment of Substance Use Disorders
Instructor	Dr. Kim Lassiter
Term	Winter 2022
Course Delivery	In Person
Email Address	kim.lassiter@carleton.ca
Office Location	TBA
Office Hours	TBA

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course is designed to provide senior undergraduates and beginning graduate students with an introduction to contemporary best practices in the clinical assessment and psychological treatment of substance use disorders, with a specific focus on the problematic use of alcohol and other drugs. Delivered via both asynchronous and synchronous online components, this experience will provide students with a realistic overview of the responsibilities and interventions involved in the psychosocial treatment of substance use disorders. Students will be provided with opportunities to role-play screening and assessment interviews, as well as formulate associated treatment plans. Topics include assessment instruments, diagnostic clinical interviewing, motivational interviewing techniques, and relapse prevention. The course is designed to be highly interactive and participatory; active student involvement is required and students will have the opportunity to engage in role-plays and scenarios of clinical cases at selected points in the course to aid the initial development of basic clinical and counselling skills.

EVALUATION

- Presentations (2) 10%
- Clinical case study: assessment 25%
- Report: Harm Reduction 25%
- Clinical case study: treatment plan 25%
- Class engagement (including role-play, group activities, and self-assessment) 15%

TEXT

Herie, Marilyn & Skinner, W.J. Wayne (Eds.)(2014). Fundamentals of Addiction: A practical guide for counsellors, 4th Edition. Centre for Addiction and Mental Health (CAMH). ISBN 978-1-77114-147-5