

PSYC 5804 D – WELLNESS AND CLIMATE CHANGE

Course	PSYC 5804 D: Wellness and Climate Change
Instructor	Dr. Kathyne Dupré
Term	Fall 2021
Course Delivery	Online Blended
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Office Location	A515 Loeb
Office Hours	TBA

COURSE DESCRIPTION/INSTRUCTORS STATEMENT

Climate change is a major global health threat that is related to mental health and well-being through changes and challenges to people's environment, physical security, and socioeconomic structures. Mental health in particular is an important and often overlooked part of any consideration of climate change and health. In this course, theories and empirical research focusing on the relationship between climate change and individual health and well-being will be discussed and evaluated, with a particular focus on mental health. Topics and issues will include how mental health outcomes are influenced by climate change, resilience and social inequalities, and the roles of families and organizations in these relationships.

This 3-hour seminar will take place using a combination of asynchronous activities (e.g., pre-recorded presentations, videos) and synchronous class meetings (including full class discussion). The course instructor will be available for virtual meetings and office hours.

EVALUATION

Evaluation in this course will be based on participation, presentations, and written assignments.

TEXT

Students will be provided with a reading list.