# Course

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| Course | PSYC4001B/5804B Clinical Approaches to the Assessment and Treatment of Substance Use Disorders |  |
| Instructor | Dr. Kim Lassiter |  |
| Term | Winter 2023 |  |
| Course Delivery | In-person |  |
| Email Address | Kim.Lassiter@carleton.ca |  |
| Office Location | TBA |  |
| Office Hours | By appointment over Zoom |  |

## **Course Description/Instructor’s Statement**

This course is designed to provide senior undergraduates and beginning graduate students with an introduction to contemporary best practices in the clinical assessment and psychological treatment of substance use disorders, with a specific focus on the problematic use of alcohol and other drugs. Delivered in person with asynchronous online components, this experience will provide students with a realistic overview of the responsibilities and interventions involved in the **psychosocial** treatment of substance use disorders. Students will be provided with opportunities for discussion about and practice in relevant skills through role-play with classmates. Topics include screening and assessment instruments and practices, intervention approaches, and relapse prevention. The course is designed to be highly interactive and participatory; active student involvement is required, and students will have the opportunity to engage in role-plays and scenarios of clinical cases at selected points in the course to aid the initial development of basic clinical and counselling skills.

## **Evaluation (subject to change)**

* Presentations (2) 10%
* Clinical case study: assessment 25%
* Report: Harm Reduction 25%
* Clinical case study: treatment 25%
* Class engagement (including role-play, group activities, and self-assessment) 15%

## **Text**

Herie, Marilyn & Skinner, W.J. Wayne (Eds.)(2014). Fundamentals of Addiction: A practical guide for counsellors, 4th Edition. Centre for Addiction and Mental Health (CAMH). ISBN 978-1-77114-147-5