

## PSYC 4001B/5804 A – CLINICAL APPROACHES TO THE ASSESSMENT AND TREATMENT OF SUBSTANCE USE DISORDERS

<b>Course</b>	PSYC 4001B / 5804 A: Clinical Approaches to the Assessment and Treatment of Substance Use Disorders
<b>Instructor</b>	Dr. Kim Lassiter
<b>Term</b>	Late Summer 2024 (July-August)
<b>Course Delivery</b>	Online combined synchronous / asynchronous
<b>Email Address</b>	Kim.Lassiter@carleton.ca
<b>Office Location</b>	N/A
<b>Office Hours</b>	By appointment over Zoom

### COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course is designed to provide senior undergraduates and beginning graduate students with an introduction to contemporary best practices in the clinical assessment and psychological treatment of substance use disorders, with a specific focus on the problematic use of alcohol and other drugs. Delivered online through synchronous class meetings and asynchronous online lecture components, this experience will provide students with a realistic overview of the responsibilities and interventions involved in the **psychosocial** treatment of substance use disorders. Students will be provided with opportunities for discussion about and practice in relevant skills through role-play with classmates. Topics include screening and assessment instruments and practices, intervention approaches, and relapse prevention. The course is designed to be highly interactive and participatory; active student involvement is required, and students will have the opportunity to engage in role-plays and scenarios of clinical cases at selected points in the course to aid the initial development of basic clinical and counselling skills. Attendance at synchronous meetings is required.

### EVALUATION (SUBJECT TO CHANGE)

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| • Presentations (2)   | 10% |
| • Clinical case study: assessment   | 25% |
| • Report: Harm Reduction  | 25% |
| • Clinical case study: treatment  | 25% |
| • Class engagement (including role-play, group activities, and self-assessment) | 15% |

### TEXT

Herie, Marilyn & Skinner, W.J. Wayne (Eds.)(2014). Fundamentals of Addiction: A practical guide for counsellors, 4<sup>th</sup> Edition. Centre for Addiction and Mental Health (CAMH). ISBN 978-1-77114-147-5