

COURSE NAME AND CODE

Course	PSYC 5005F - Psychology of Solitude
Instructor	Robert Coplan
Term	Fall
Email Address	robert.coplan@carleton.ca
Office Location	SSRB 214D
Office Hours	By appointment

COURSE DESCRIPTION/INSTRUCTORS STATEMENT

This course explores psychological theory and research related to the *costs* and *benefits* of solitude, from different psychological perspectives (e.g., developmental, personality, health, clinical, evolutionary), over the lifespan (from childhood to old age), and across a broad range of contexts (e.g., virtual, natural, cultural).

EVALUATION

Class participation, oral presentations, thought papers, written assignments, and research papers.

TEXT

There is not a specific textbook for this course. The weekly readings will be selected journal articles and book chapters. Some of these will be selected each week by a different student or group of students. These readings can be accessed via the library or course website.