

PSYC 1001 D : INTRODUCTION TO PSYCHOLOGY I

Instructor	Lindsay Richardson
Term	Fall 2026
Course Delivery	In-Person
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Office Location	420 Dunton Tower
Office Hours	By Appointment

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Throughout this twelve-week course, students will systematically examine the fundamental aspects of Psychology as a scientific discipline, earning .5 credits towards their degree. This learner-centered course is structured around developing an introductory understanding of a wide variety of psychological phenomena, including research methods, memory, and perception, with an emphasis on self-regulated learning and the science of success.

Students will engage critically with research methods, explore scientific literature, and learn to construct arguments based on a synthesis of complex information. The course emphasizes analytical skills, enabling students to discern scientific evidence from misconceptions.

The curriculum is designed to advance students' critical thinking and ethical reasoning skills, essential for further studies in psychology and other fields. Assignments and content are crafted to apply psychological principles to practical problems and understand the societal implications of psychological phenomena. This course also serves as a preparatory foundation for subsequent psychology courses, including PSYC1002.

EVALUATION (SUBJECT TO CHANGE)

There are 115 possible points to be earned in this course. Throughout the course, students earn points by completing graded evaluations (feedback is provided on all evaluations, including ungraded ones).

At the end of the term, points earned are translated to a final letter grade, which is

Points Required for Letter Grade	
Letter Grade	Points Earned
A+	90+
A	80–89
B	70–79
C	60–69
D	50–59
F	0–49

submitted to the department for the Dean's approval. To pass the course, students must earn at least 50 points. The Table to the right shows how many points is required for each letter grade.

TEXT

Students are encouraged to purchase (or borrow) the following textbook:

McCann, D., Weiten, W., Matheson, D., & Wright, R. (2025). *Psychology: Themes and variations* (7th Canadian ed.). Cengage Learning Canada. ISBN: 9781778414107.