

PSYC 1002 D : INTRODUCTION TO PSYCHOLOGY II

Instructor	Ahmad Sohrabi
Term	Fall 2026
Course Delivery	In-Person
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Office Location	TBA
Office Hours	By appointment

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Psychology is a broad and active scientific field with interesting concepts and wide applications in our real life. All students can benefit from knowing the facts and explanations brought by experimental psychology research, practices, and instruments. In this course we review main findings and well-established concepts in modern day psychology. We will be introducing and discussing several topics ranging from early day psychology to recent state of the art including but not limited to perception, intelligence, emotion, social relationship, stress, lifestyle, personality, and psychotherapy. Examples of real-life applications such as financial behaviour and economic decision making will also be explored.

EVALUATION (SUBJECT TO CHANGE)

Item	Date
In-Class Research Activities	Weekly
University Research Participation (SONA/WARP)	Ongoing
Mid-term exams I & II	Oct 5 th & Nov 9 th
Final exam	Dec

TEXT

Textbook:

- Doug McCann, Wayne Weiten, Deborah Matheson, & Sandra L. Wright (2026). *Psychology: Themes and Variations* (7th edition). Cengage Canada (see below).
 - (Optional) MindTap: The book's companion online app.

Text Information

- Students can select one of 3 format options:
 1. eBook only (\$65.95). Duration: 360 days. ISBN: 9781778414107.
 2. Multi-term MindTap (\$79.95): MindTap is Cengage's digital learning platform that includes the full eBook, plus a variety of supplemental activities including practice quizzes, real-world application exercises, flashcards, and test preparation tools. Duration: This is a multi-term code. ISBN: 9781778414138.
 3. Print + Digital Bundle (\$89.95): Hard copy print book + multi-term MindTap Access Code. ISBN: 9781779540188. **Update:** For the print bundle, Cengage has permanently switched from loose-leaf to hard copy.

Discounted Pricing

- Remember that we've negotiated special, discounted prices so students are advised to purchase access to the text via the Carleton Bookstore or the special Cengage purchasing link.

Cengage Student Site

- [https://course-
pages.prod.eks.cengage.io/coursepages/PSYC1001_1002_Carleton](https://course-pages.prod.eks.cengage.io/coursepages/PSYC1001_1002_Carleton)

Cengage has also created a student site that reproduces much of the info from the PDF but adds some extra elements such as a video describing MindTap.