

PSYC 1002 J : INTRODUCTION TO PSYCHOLOGY II

Instructor	Dr. Shelby Levine
Term	Winter 2027
Course Delivery	In-Person
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Office Hours	TBA

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Welcome to PSYC 1002! This course is intended to provide you with a broad overview of psychology. Throughout the term we will explore the psychological foundations of cognition, human development, motivation, emotion, personality, social processes, stress and mental health. Each week we will trace the historical roots, consider competing theories, explore evolving concepts and learn about the methods used within each of these domains in order to understand and critically evaluate current research in the field. An emphasis will be placed on real world relevance and applications. This course is for anyone interested in understanding human behaviour.

EVALUATION (SUBJECT TO CHANGE)

Learning will be assessed through a midterm and final exam. Tests will be a combination of knowledge and application-based questions used to test your understanding of the material.

TEXT

McCann, D., Weiten, W., Hunt-Matheson, D., & Wright, S. (2026). Psychology: Themes and Variations (7th Canadian edition). Cengage Canada.