

PSYC 1002 L : INTRODUCTION TO PSYCHOLOGY II

Instructor	Dr. John Weekes
Term	Fall 2026
Course Delivery	Online Synchronous
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Office Location	Loeb A500 B
Office Hours	By Appointment

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Modern psychology is a broad, diverse and fascinating scientific discipline. Introductory Psychology is an overview course designed to provide students with an introduction and understanding of the basic concepts and techniques of psychology as a contemporary social science. Evidence-based information is the foundation of all course material. Topics for PSYC1002 will include an overview of the science of psychology, cognitive functioning, intelligence and psychological testing, motivation and emotion, human development, personality, social behaviour, stress, coping and health, psychological disorders and the treatment of psychological disorders, as well as a number of other special topics of the Instructor's choosing that draw upon his experience of almost 40 years as a clinical psychologist, scientist, and consultant, to blend research evidence with many "real world" examples, case studies, applications, and contexts. The course also continues material provided in PSYC1001. Class participation in the form of questions, comments, and opinions *before, during, or after* class is strongly encouraged!

Learning Objectives

- Provide students with an introduction to the scientific study of psychology;
- Provide students with an understanding of the basic principles, theories and methods used in the study of people and factors that influence their thoughts, feelings and behaviour;
- Facilitate the development of critical thinking and reasoning ability; and
- Prepare students for advanced courses in psychology and other social science disciplines.

EVALUATION (SUBJECT TO CHANGE)

NOTE: Both exams will be in-person.

Midterm = 46%

Final Exam = 50%

Research Participation = 4%

Research Participation BONUS = 1%

TEXT

McCann, D., Weiten, W., & Matheson, D., Wright, S. (2026). *Psychology: Themes and Variations* (7th Canadian edition). Cengage Learning Canada. ISBN: 9781778412899.