

PSYC 1001 F : INTRODUCTION TO PSYCHOLOGY I

Instructor	Lorena Ruci
Term	Fall 2026
Course Delivery	In-Person
Email Address	lorenaruci@cunet.carleton.ca
Office Hours	TBA

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Welcome to Introduction to Psychology! This course is intended to provide a broad overview of the concepts, theories and research in the exciting science of psychology. As you will soon learn, psychology is a relatively new discipline that has grown tremendously over the last 100 years. Throughout this time psychologists have been interested in explaining behaviour and discovering the processes of how the human mind works. Together we will embark on a journey of exploration and how we think, feel and act the way we do. Psychology encompasses many diverse areas of study, each attempting to answer questions like: How do the workings of the brain affect the mind? How does human memory work? What is learning and how can we enhance it? Successful completion of this course requires a willingness to learn the language and methods used by psychologists in answering the above questions and more. Furthermore, it will give you the tools to critically think and evaluate the various present-day discussions and issues that have to do with tendencies of human behaviours and the functioning of the human mind.

EVALUATION (SUBJECT TO CHANGE)

Item	Date	Weight of grade
Research Participation through SONA throughout the term		4% + 1 Bonus=5 %
Midterm 1	TBD	28%
Midterm 2	TBD	28%
Final Exam	During the exam period	40%

TEXT

McCann, D., Weiten, W., Hunt-Matheson, D., & Wright, S. (2026). *Psychology: Themes and Variations* (7th Canadian Edition). Cengage Canada.