PSYC 1001 K : INTRODUCTION TO PSYCHOLOGY I

Instructor	Dr. John Weekes
Term	Winter 2027
Course Delivery	In-Person
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Office Location	Loeb A500B
Office Hours	By Appointment

COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

Modern psychology is a broad, diverse and fascinating scientific discipline. Introductory Psychology is an overview course designed to provide students with an introduction and understanding of the basic concepts and techniques of psychology as a contemporary social science. Evidence-based information is the foundation of all course material. Topics for PSYC1001 will include the history and evolution of psychology, research methods, biological foundations, sensation and perception, consciousness, learning, memory, language and thought, as well as a number of other special topics of the Instructor's choosing that draw upon his experience over almost 40 years as a clinical psychologist, scientist, and consultant, to blend research evidence with numerous "real world" examples, case studies, applications, and contexts. The course also prepares students for the material covered by PSYC1002. Class participation in the form of questions, comments, and opinions *before, during, or after* class is strongly encouraged!

Learning Objectives

- Provide students with an introduction to the scientific study of psychology;
- Provide students with an understanding of the basic principles, theories and methods used in the study of people and factors that influence their thoughts, feelings and behaviour;
- Facilitate the development of critical thinking and reasoning ability; and
- Prepare students for advanced courses in psychology and other social science disciplines.

EVALUATION (SUBJECT TO CHANGE)

Quiz 1 = 32%

Quiz 2 = 32%

Final Quiz = 32%

Research Participation = 4%

Research Participation BONUS = 1%

TEXT

McCann, D., Weiten, W., & Matheson, D., Wright, S. (2026). *Psychology: Themes and Variations* (7th Canadian edition). Cengage Learning Canada. ISBN: 9781778412899