

## PSYC 2600 A : INTRODUCTION TO THE STUDY OF PERSONALITY

<b>Instructor</b>	Dr. Kira McCabe
<b>Term</b>	Fall 2025
<b>Course Delivery</b>	In person
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<b>Office Location</b>	A527, Loeb Building
<b>Office Hours</b>	TBD (but also available by appointment)

### COURSE DESCRIPTION/INSTRUCTOR'S STATEMENT

This course introduces students to the area of personality psychology. Personality psychology seeks to study how people differ in their thoughts, feelings, and behaviours. This includes how these differences persist over time and place, shaping the outcomes of our lives. We will cover topics that include personality traits, how to measure personality well, evolutionary/biological perspectives on personality, the role of the unconscious, our feelings and motives, our sense of self, and how we deal with stress.

Prerequisite(s): PSYC 1001 and PSYC 1002.

### EVALUATION (SUBJECT TO CHANGE)

Assignments: 5%, Test 1: 30%, Test 2: 30%, Final Exam: 35%

### TEXT

Larsen, R. J., Buss, D. M., & King, D.B. (2023). Personality psychology: Domains of knowledge about human nature, **3rd Canadian Edition**. McGraw Ryerson Ltd.

**\*The textbook is available online at the Carleton Bookstore.**